

Suggested Use: Take 2 capsules daily. Take 1 Capsule 30 minutes before breakfast and 1 capsule 30 minutes before dinner. FOR DAILY USE

Supplement Facts

Serving Size 1 Capsule Servings Per Container 60

Amount Per Serving	% Daily Value
Meratrim® Proprietary Blend	400 mg
Sphaeranthus indicus (flower heads) extract	†
Garcinia mangostana (fruit rind) extract	†
† Daily Value not established.	

Other Ingredients: Gelatin & titanium dioxide (capsule), microcrystalline cellulose, rice flour, vegetable magnesium stearate.