

SUGGESTED USE:

Take 2 Sleep Guard™ veggie capsules once a day with 8 fl oz of water.

Sleep Guard™ is Made in the USA in our FDA Registered Facility using natural ingredients.

Consult your physician if you have any medical condition, you're pregnant/lactating or under 18, or if you're taking any medications.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.

STORE IN A COOL, DRY PLACE
KEEP OUT OF REACH OF CHILDREN.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



SLEEP — GUARD™ —

SLEEP HEALTH SUPPLEMENT
HELPS PROTECT & IMPROVE
SLEEP QUALITY

60 Veggie Capsules



Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving		%DV**
Valerian Extract (root)	150mg	†
GABA	100mg	†
Chamomile Extract	100mg	†
Passion Flower Extract	200mg	†
Lemon Balm	100mg	†
Hops Extract	150mg	†
Melatonin	4mg	†

** Percent Daily Value (%DV) based on a 2,000 calorie diet.
† Daily Value Not Established

Other Ingredients: Vegetable Cellulose (Vegetable Capsule)

Manufactured Exclusively For:
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X002ECNZEL

