

EVIDENCE-BASED

Liquid Iron is a citrate form of iron with vitamin B12 and folic acid, in a pleasant-tasting cinnamon-flavored liquid.

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, dairy products, artificial coloring, artificial flavoring, or ingredients of animal origin. This product contains natural ingredients; color variations are normal.

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*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

 **integrative**
THERAPEUTICS, INC.

NF FORMULAS™
LIQUID IRON
with Folic Acid and Vitamin B12

*Supports healthy iron levels
for energy and stamina**

CINNAMON FLAVOR

6 FLUID OUNCES (177 mL) Dietary Supplement

Supplement Facts

Serving Size 1 teaspoon (5 mL)

Servings per container 35

Amount per teaspoon		%DV**
Calories	10	
Total Carbohydrate	3 g	1%**
Folic Acid	442 mcg	111%**
Vitamin B12 (as cyanocobalamin)	110 mcg	1,833%**
Iron (as ferric ammonium citrate)	20 mg	111%**

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other ingredients: deionized water, sorbitol, vegetable glycerin, potassium sorbate (to protect flavor), lauric arginate (preservative), and cinnamon bark oil.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

Recommendations: Take 1 teaspoon daily with a meal. If pregnant, nursing, or taking prescription drugs, consult your healthcare practitioner prior to use.