

CRYSTAL STAR®
ESTD ★ 1978

FEMALE HARMONY

PMS
SUPPORT

24

WHOLE
HERBS

90

VEGETARIAN
CAPSULES



DIETARY SUPPLEMENT

★ ENHANCES MOOD*

★ EASES OCCASIONAL
BLOATING*

★ DONG QUAI ROOT &
DAMIANA

SUGGESTED USE

Take 2 capsules daily, before period,
as needed.

LOT#/EXP: SEE BOTTOM OF BOTTLE

*These statements have not been evaluated
by the Food and Drug Administration. This
product is not intended to diagnose, treat,
cure or prevent any disease.

Copyright © 2020 Healthy Healing Enterprises LLC.

CA RESIDENTS: WARNING: ⚠️ CANCER AND
REPRODUCTIVE HARM WWW.P65WARNINGS.CA.GOV

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 45

	Amount Per Serving	% Daily Value
Proprietary Herbal Blend	1.3g	†

Dong Quai (Root), Damiana (Leaf), Burdock (Root),
Jiaogulan, Nettle (Leaf), Licorice (Root), Sarsaparilla
(Root), Red Raspberry (Leaf), Oat Straw, Ashwagandha
(Root), Maca (Root), Chinese Peony (Root), Rosemary
(Leaf), Yellow Dock (Root), Dandelion (Root), Rose Hips,
Fennel (Seed), Ginger, Hawthorn (Berry), Dulse (Leaf),
Rockweed Algae, Rehmannia (Root), Chamomile
(Flower), Cinnamon (Bark)

† Daily Value not established

Other ingredients: Certified Organic Brown Rice and Vegetarian
Capsule (vegetable cellulose and water)

Manufactured for Healthy Healing Enterprises, LLC.
Minneapolis, MN | (800) 736-6015

Warning: Do not use if tamper proof seal is damaged or missing. Do
not use if pregnant or nursing. Consult a health care professional
prior to use if you have any pre-existing medical conditions or are
taking any prescription medications. Keep out of reach of children.

2290 R-7/20



WWW.CRYSTALSTAR.COM