

CRYSTAL STAR®
ESTD ★ 1978

MOOD LIFT

BRIGHTEN
& BALANCE

11

WHOLE
HERBS

60

VEGETARIAN
CAPSULES



DIETARY SUPPLEMENT

★ LIGHTENS MOOD*

★ SHARPENS MENTAL
FOCUS*

★ ST. JOHN'S WORT &
ASHWAGANDHA

SUGGESTED USE

Take 2 capsules, once or twice daily, as needed.

Take 2-3 months for best results. Do not use with
anti-depressants or anti-anxiety medication.

LOT#/EXP: SEE BOTTOM OF BOTTLE

*These statements have not been evaluated
by the Food and Drug Administration. This
product is not intended to diagnose, treat,
cure or prevent any disease.

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CA RESIDENTS: WARNING: ⚠️ CANCER AND
REPRODUCTIVE HARM WWW.P65WARNINGS.CA.GOV

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Proprietary Herbal Blend	1.1g	†

St. John's Wort, Kava Kava (Root), Ashwagandha (Root),
American Ginseng (Root), Siberian Eleuthero (Root),
American Skullcap (Leaf), Rosemary (Leaf), Ginger,
Rhodiola Rosea (Root), Wood Betony, Fo-ti (Root),

† Daily Value not established

Other ingredients: Certified Organic Brown Rice and Vegetarian
Capsule (vegetable cellulose and water)

Manufactured for Healthy Healing Enterprises, LLC.
Minneapolis, MN | (800) 736-6015

Warning: Do not use if tamper proof seal is damaged or missing. US
FDA advises that a potential risk of rare, but severe, liver injury may
be associated with kava-containing dietary supplements. Products
containing Kava Kava Root are not recommended for use by
persons under the age of 18. If pregnant, nursing or taking a
prescription drug, consult a health care professional prior to use. Do
not exceed recommended dose. Excessive use may impair ability to
drive or operate heavy equipment. Not recommended for use with
alcoholic beverages. Keep out of reach of children. For additional
warning information, please visit product page on our website.

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