15 SERVINGS

VALUE SIZE!

GNC

BANNED SUBSTANCE FREE

PRO PERFORMANCE®

50G† PROTEIN | 1340† CALORIES | 277G† CARBS

BULK 1340

High-Calorie Mass Gainer

Supports Muscle Energy, Recovery & Growth*^

DOUBLE CHOCOLATE

NATURAL AND ARTIFICIAL FLAVORS

† Per Serving Mixed in Water

DIETARY SUPPLEMENT
15 SERVINGS
Net Wt 12 lb (192 oz) 5443 g

PRO PERFORMANCE® RESULTS

Numbers matter when you want to increase mass and muscle. This scientifically formulated gainer contains 1,340 nutrient-dense calories and 50 grams of high-quality protein to help you increase size and overall body strength.*^ Bulk 1340 also provides 10 grams of glutamine, an important amino acid for protein synthesis and supporting your immune response and wellness goals.*

Branched Chain Amino Acids are known to help reduce muscle protein breakdown. This formula includes 11 grams of BCAA for muscle recovery and growth, and creatine to help your muscles produce energy for exercise.*^

PRO PERFORMANCE® RESULTS

Bulk 1340 is tested and certified Banned Substance Free. It tastes great and mixes easily with a simple shake or blend. Fast-digesting to conveniently support maximum wellness.*

^When used in conjunction with an exercise program.

WAYS TO ENJOY YOUR BULK 1340

1 SHAKE
Combine with cold water, milk or your favorite beverage in a shaker cup

2 BLEND
Make a delicious smoothie adding fruits, juices, peanut butter or yogurt

CODE 414803 BUG

DIRECTIONS: As a dietary supplement, mix two heaping scoops (360 g) with 24 fl. oz. of cold water or milk. Consume 1-2 servings per day.

Supplement Facts

Serving Size	2 Heaping Scoops (360 g) in Water		2 Heaping Scoops (360 g) in 2% Milk	
Servings Per Container	15		15	
Amount Per Serving		**% Daily Value**		**% Daily Value**
Calories	1340		1710	
Total Fat	3.5 g	4%†	18 g	23%†
Saturated Fat	2 g	10%	11 g	55%
Cholesterol	65 mg	22%	125 mg	42%
Total Carbohydrate	277 g	101%†	312 g	113%†
Dietary Fiber	2 g	7%†	2 g	7%†
Total Sugars	11 g	*	46 g	*
Includes 11 g Added Sugars		22%†		22%†
Protein	50 g	100%†	74 g	148%†
Vitamin A	3000 mcg	334%	3417 mcg	380%
Vitamin C	60 mg	67%	60 mg	67%
Vitamin D	5 mcg	25%	13.9 mcg	70%
Vitamin E	20.1 mg	134%	20.1 mg	134%
Thiamin	4.8 mg	400%	5.1 mg	425%
Riboflavin	4 mg	308%	5.3 mg	408%
Niacin	50 mg	313%	50.6 mg	316%
Vitamin B-6	5 mg	294%	5.3 mg	312%
Folate	667 mcg DFE (400 mcg Folic Acid)	167%	725 mcg DFE (435 mcg Folic Acid)	181%
Vitamin B-12	10 mcg	417%	13.5 mcg	563%
Biotin	300 mcg	1000%	300 mcg	1000%
Pantothenic Acid	35 mg	500%	27.5 mg	550%
Choline (as Choline Bitartrate)	250 mg	45%	360 mg	65%
Calcium	730 mg	56%	1605 mg	124%
Iron	9 mg	50%	9 mg	50%
Phosphorus	690 mg	55%	1360 mg	109%
Iodine	150 mcg	100%	150 mcg	100%
Magnesium	220 mg	52%	300 mg	71%
Zinc	15 mg	136%	18.5 mg	168%
Selenium	70 mcg	127%	88 mcg	160%
Copper	1.5 mg	167%	1.5 mg	167%
Manganese	2.5 mg	109%	2.6 mg	113%
Chromium	200 mcg	571%	200 mcg	571%
Molybdenum	75 mcg	167%	75 mcg	167%
Sodium	330 mg	14%	650 mg	28%
Potassium	1210 mg	26%	2240 mg	48%
Anabolic Amino Maximizer	**24 g**	*	**36 g**	*
Glutamine/Glutamic Acid (as Whey Protein Concentrate, Calcium Caseinate, Cocoa, Whey Protein Isolate, Milk Protein Isolate, PepForm® Glutamine Peptides [Hydrolyzed Whey, L-Glutamine], Egg Albumen)	10 g	*	15 g	*
Leucine (as Whey Protein Concentrate, Calcium Caseinate, Cocoa, Whey Protein Isolate, Milk Protein Isolate, L-Leucine, Egg Albumen)	6 g	*	8.5 g	*
Isoleucine (as Whey Protein Concentrate, Calcium Caseinate, Cocoa, Whey Protein Isolate, Milk Protein Isolate, Egg Albumen)	2.5 g	*	4 g	*
Valine (as Whey Protein Concentrate, Calcium Caseinate, Cocoa, Whey Protein Isolate, Milk Protein Isolate, Egg Albumen)	2.5 g	*	4 g	*
Tyrosine (as Whey Protein Concentrate, Calcium Caseinate, Cocoa, Whey Protein Isolate, L-Tyrosine, Egg Albumen)	2 g	*	3 g	*
Arginine (as Whey Protein Concentrate, Calcium Caseinate, Cocoa, Whey Protein Isolate, Milk Protein Isolate, Egg Albumen)	1 g	*	1.5 g	*
Energizing ATP Complex	**1.255 g**	*	**1.255 g**	*
Creatine Monohydrate	1 g	*	1 g	*
Inositol	250 mg	*	250 mg	*
Para-Aminobenzoic Acid (PABA)	5 mg	*	5 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Maltodextrin, Protein Blend (Whey Protein Concentrate, Calcium Caseinate, Whey Protein Isolate, Milk Protein Isolate, Egg Albumen), Cocoa (Processed with Alkali) Natural & Artificial Flavors, Vitamin & Mineral Blend (Calcium Phosphate, Potassium Phosphate, Magnesium Aspartate, Ascorbic Acid, Niacinamide, d-Alpha Tocopheryl Acetate, Biotin, Zinc Citrate, d-Calcium Pantothenate, Natural beta-Carotene, L-Selenomethionine, Ferrous Fumarate, Chromium Amino Acid Chelate, Manganese Sulfate, Thiamin Mononitrate, Pyridoxine HCL, Folic Acid, Molybdenum Amino Acid Chelate, Riboflavin, Potassium Iodide, Cholecalciferol, Copper Oxide, Cyanocobalamin), Guar Gum, Magnesium TRIACS® Bisglycinate, Sucralose, Acesulfame Potassium.

CONTAINS: Egg, Milk and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery.

Manufactured on equipment that processes products containing soybeans (lecithin), milk, peanut flavor, wheat, shellfish, tree nuts, fish oil and eggs.

NOTICE: Significant product settling may occur.

TRIACS® is a registered trademark of Albion International, Inc.

Gluten Free.

GF GLUTEN FREE

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

INFORMED-CHOICE LGC Trusted by sport

Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. * Product was tested for over 220 banned substances on the 2019 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307.

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KEEP OUT OF REACH OF CHILDREN
Store in a cool, dry place.

For More Information:
1-888-462-2548

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