

MEN'S MULTI GUMMIES

ASSORTED FRUIT MIX
no artificial sweeteners



energy production[†]

pectin based

MEN'S



Supplement Facts

Serving Size 3 Gummies; Servings Per Container 40

	Amount Per Serving	% Daily Value
Calories	40	
Total Carbohydrate	10 g	4% [†]
Total Sugars	10 g	*
Includes 10 g Added Sugars		20%
Vitamin A (as retinyl acetate)	450 mcg	50%
Vitamin C (as ascorbic acid)	30 mg	33%
Vitamin D2 (as ergocalciferol)	20 mcg (800 IU)	100%
Vitamin E (as dl-alpha-tocopheryl acetate)	15 mg (16 IU)	100%
Vitamin B3 (as nicotinamide)	16 mg	100%
Vitamin B6 (as pyridoxine HCl)	3.4 mg	200%
Folate (as folic acid)	306 mcg DFE	77%
	(180 mcg folid acid)	
Vitamin B12 (as cyanocobalamin)	7.2 mcg	300%
Biotin (as d-biotin)	3 mcg	10%
Vitamin B5 (as calcium pantothenate)	5 mg	100%
Iodine (as potassium iodide)	38 mcg	25%
Zinc (as zinc citrate)	2.7 mg	25%
Chromium (as chromium chloride)	35 mcg	100%
Molybdenum (as sodium molybdate)	11.3 mcg	25%

[†]Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Sugar, glucose syrup (tapioca syrup), water, citrus pectin, citric acid, sodium citrate, natural strawberry, raspberry, and cherry flavors, black carrot extract and beta carotene for color.

DOES NOT CONTAIN: Gluten, Synthetic Colors.

DIRECTIONS: Take three (3) gummies per day, preferably with a meal. Gummies should be chewed completely before swallowing.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

▼ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Distributed by: The Vitamin Shoppe, Secaucus, NJ 07094
Visit www.vitaminshoppe.com or call 1-866-293-3367.



Dietary Supplement 120 Gummies