Recommended Use or Purpose: This product stimulates muscle protein recovery and decreases exercise-induced muscle breakdown.<sup>1</sup>

Consult a health care practitioner for long-term consumption.

Cautions: not intended for children, pregnant or breastfeeding women. People with health conditions should consult a health care practitioner before consuming this product. Do not use if the security seal is broken. Store in a cool and dry place. Keep away from children.

<sup>†</sup>This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Produced in a facility that uses ingredients which may contain milk, egg, soy, wheat, peanut, fish and shellfish



240 C



**BRANCHED CHAIN AMINO ACID** 

## BCB AVA

STIMULATES MUSCLE PROTEIN RECOVERY AND DECREASES EXERCISE INDUCED MUSCLE BREAKDOWN

240 CAPSULES [675MG]

AMINO ACID CAPSULE DIETARY SUPPLEMENT **Direction for Use:** Dose (adults): 4 capsules before and 4 capsules after daily intense exercise with a glass of water.

## **Supplement Facts**

Serving Size: 4 capsules Servings per container: 60

## Amount Per Capsule

-Leucine USP1	1216mg*
-Valine USP	808mg*
-Isoleucine USP	676mg*

\* Daily Value not established.

Other Ingredients: Microcrystalline cellulose Magnesium stearate. Gelatin.

Manufactured for:

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