

WOMEN'S MULTI GUMMIES

ASSORTED FRUIT MIX

no artificial sweeteners



energy production^v

pectin based

WOMEN'S



Supplement Facts

Serving Size 3 Gummies
Servings Per Container 40

	Amount Per Serving	% Daily Value
Calories	45	
Total Carbohydrate	11 g	4% [†]
Total Sugars	10 g	*
Includes 10 g Added Sugars		20%
Vitamin A (as retinyl acetate)	450 mcg	50%
Vitamin C (as ascorbic acid)	30 mg	33%
Vitamin D2 (as ergocalciferol)	40 mcg (1600 IU)	200%
Vitamin E (as dl-alpha-tocopheryl acetate)	15 mg (16 IU)	100%
Vitamin B3 (as nicotinamide)	16 mg	100%
Vitamin B6 (as pyridoxine HCl)	1.7 mg	85%
Folate	408 mcg DFE (240 mcg folic acid)	102%
Vitamin B12 (as cyanocobalamin)	7.2 mcg	300%
Biotin (as d-biotin)	40 mcg	133%
Vitamin B5 (as calcium pantothenate)	5 mg	100%
Iodine (as potassium iodide)	38 mcg	25%
Chromium (as chromium chloride)	35 mcg	100%

[†]Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Sugar, glucose syrup (tapioca syrup), water, citrus pectin, citric acid, sodium citrate, natural strawberry, raspberry, and cherry flavors, black carrot extract and beta carotene for color.

DOES NOT CONTAIN: Gluten, Synthetic Colors.

DIRECTIONS: Take three (3) gummies per day, preferably with a meal. Gummies should be chewed completely before swallowing.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

▼ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

Distributed by: The Vitamin Shoppe, Secaucus, NJ 07094
Visit www.vitaminshoppe.com or call 1-866-293-3367.



Dietary Supplement 120 Gummies