



Suggested Use: Take 2 capsules daily. Optimally, for the first 15 days, take two servings daily. FOR DAILY USE.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories	5	
Total Carbohydrate	0.5 g	2%*
Niacin (as niacinamide)	18 mg	113%
Vitamin B-6 (as pyridoxine HCl)	2 mg	118%
Pantothenic acid (as d-calcium pantothenate)	6 mg	120%
Zinc (as OptiZinc® Zinc Monomethionine)	15 mg	136%
Copper (as copper gluconate)	2 mg	222%
Cynatine HNS™ Keratin (from New Zealand wool extract)	500 mg	†
Inositol	150 mcg	†

*Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Rice flour, vegetable cellulose and vegetable stearate.

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