



Suggested Use: Take 1 capsule daily. Optimally, for the first 15 days, take two servings daily. FOR DAILY USE.

Supplement Facts

Serving Size 1 Capsule
 Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin D (as cholecalciferol)	25 mcg (1000 IU)	125%
Biotin	5000 mcg	16,666%
Grapeseed extract (<i>Vitis vinifera</i>) (inner core of fruit) [95 mg/95% proanthocyanidins]	100 mg	†
Lutein [as FloraGLO® lutein extract (from marigold flowers, <i>Tagetes erecta</i>)]	10 mg	†
Opextan™ Olive fruit extract (<i>Olea europaea</i>) [2 mg/10% polyphenols, 400 mcg/2% verbascoside]	20 mg	†
Silica [from Bamboo extract (<i>Bambusa vulgaris</i>) (stems)]	30 mg	†

† Daily Value not established.

Other Ingredients: Rice flour, gelatin, vegetable stearate, sucrose, tapioca starch, FD&C Blue #1, FD&C Red #3, titanium dioxide.

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