



Suggested Use: As a dietary supplement, adults take 3 capsules daily, or take as directed by your health care professional. Optimally, during the first 15 days, double the dose. Best if taken before or with a meal. Best results obtained with daily use.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin C (as magnesium ascorbate)	120 mg	200%
Magnesium (as magnesium ascorbate)	10 mg	3%
BioCell Collagen® (Patented Collagen Type II)	1000 mg	†
Hydrolyzed Collagen Type II	600 mg	
Chondroitin Sulfate	200 mg	
Hyaluronic Acid	100 mg	
Calcium-Magnesium Inositol Hexaphosphate (IP6)	75 mg	†
Quercetin Dihydrate	150 mg	†
HIDROX® (Olive Extract) (<i>Olea europaea</i>) (fruit)	100 mg	†
5-Loxin® (<i>Boswellia serrata</i> extract) (gum resin) standardized for 7.5 mg AKBA	25 mg	†

†Daily Value not established.

Other Ingredients: Gelatin capsule, rice powder, magnesium stearate. 5-LOXIN® is a registered trademark of PL Thomas - Laila Nutra LLC and is used under license. International Patents Pending.

BioCell Collagen® is a registered trademark of BioCell Technology LLC, Newport Beach, California USA (US Patents 6,025,327; 6,323,319; 6,780,841; 7,091,180; 7,799,348; other US and foreign patents pending.)