

PRO PERFORMANCE® RESULTS

100% Egg Protein is a highly digestible source of protein and an excellent addition to your wellness and performance regimen. This protein is dairy free, bursting with amino acids, and does not contain cholesterol, making it a great choice for healthy living and for anyone looking to help build lean muscle.*^

Amino acids are necessary for protein synthesis, which supports the growth, recovery and maintenance of lean muscle. Egg protein is a high-quality protein source containing all 9 essential amino acids, making it a great alternative to dairy-based proteins. This formula is naturally free of lactose, making it a great alternative for those who are lactose intolerant.

PRO PERFORMANCE® QUALITY

100% Egg Protein is tested and certified Banned Substance Free. It is gluten free, tastes great and mixes easily with a simple stir, shake or blend.

^When used in conjunction with an exercise program.



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested for over 220 banned substances on the 2019 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See gnc.com for more information.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



PRO PERFORMANCE

20G
PROTEIN

100
CALORIES

0G
SUGAR

100% EGG PROTEIN

Cholesterol, Soy, Lactose, Dairy & Gluten Free
Supports Lean Muscle Recovery*^

DIETARY SUPPLEMENT
20 SERVINGS
Net Wt 18.2 oz (1.14 lb) 516 g



CODE 369798
DIRECTIONS: As a dietary supplement, add one scoop to 10 fl. oz. of water and mix well. Consume 1-2 servings per day. Best enjoyed post-workout and/or throughout the day as an additional source of protein.

Supplement Facts		Amount Per Serving	% Daily Value
Serving Size One Scoop (25.8 g)		Total Sugars	0 g *
Servings Per Container 20		Includes 0 g Added Sugars	0%†
Amount Per Serving	% Daily Value	Protein	20 g 40%
Calories	100	Calcium	20 mg 2%
Total Fat	<0.5 g <2%†	Sodium	320 mg 14%
Saturated Fat	0 g 0%	Potassium	240 mg 5%
Trans Fat	0 g *	† Percent Daily Values based on a 2,000 calorie diet.	
Cholesterol	0 mg 0%	* Daily Value not established.	
Total Carbohydrate	4 g 1%†		

INGREDIENTS: Egg Albumen, Natural Flavors, Sunflower Lecithin, Stevia Extract.
CONTAINS: Egg.
NOTICE: Use as a food supplement only. Do not use for weight reduction. Significant product settling may occur.
No Dairy, Lactose Free, Gluten Free.
KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.



For More Information:
1-888-462-2548
SHOP NOW @ GNC.COM
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

1

SHAKE
Combine with cold water, milk or your favorite beverage in a shaker cup

2

BLEND
Make a delicious smoothie adding fruits, juices, peanut butter or yogurt

3

EAT
Mix powder in your oatmeal, yogurt or your favorite food

