



Suggested Use: Take 3 capsules daily. Optimally, for the first 15 days, take two servings daily. FOR DAILY USE.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin C (as magnesium ascorbate)	120 mg	200%
Vitamin B12 (as methylcobalamin)	25 mcg	417%
Magnesium (as magnesium ascorbate)	10 mg	3%
BioCell Collagen® (Proprietary Cartilage Extract) Hydrolyzed Collagen Type II 600 mg Chondroitin Sulfate 200 mg Hyaluronic Acid 100 mg	1,000 mg	†
Calcium-Magnesium Inositol Hexaphosphate (IP6)	75 mg	†
Quercetin Dihydrate	150 mg	†
Olive Extract (fruit)	100 mg	†
5-Loxin® (<i>Boswellia serrata</i> extract) (gum resin) 7.5 mg (30%) AKBA (Acetyl-11-keto-beta-boswellic acid)	25 mg	†
Ferulic Acid	25 mg	†
Super Lignans® (Flax Hull Lignans)	125 mg	†

†Daily Value not established

Other Ingredients: Gelatin, cellulose, magnesium stearate.

5-LOXIN® is a registered trademark of PL Thomas - Laila Nutra LLC and is used under license. International Patents Pending.

BioCell Collagen® is a registered trademark of BioCell Technology LLC, Newport Beach, California USA (Protected by US and International Patents)