

Recommendation: Adults take 1 tablet daily, preferably with food. Not formulated for children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a bleeding disorder or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

FREE FROM GLUTEN AND ARTIFICIAL COLORS

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

Keep out of reach of children. Safety sealed with inner seal under child-resistant bottle cap. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

AquaMin® is a registered trademark of Mangit Limited. Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.

Trademark of its respective company.

◆ L615679 . B01 BLK8649B

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Green Bay, WI 54311 USA / Bottled and tested in the USA
Questions? 1-800-NATURE / belive.com

HIGH POTENCY B-VITAMINS to help convert food to fuel!

Nature's Way **ONCE DAILY**

Alive!

ADULT ULTRA POTENCY COMPLETE MULTIVITAMIN

Energizer® with Food-Based Blends & Orchard Fruits / Garden Veggies®
Powder Blend, 100 mg per serving

60 TABLETS • MULTIVITAMIN SUPPLEMENT

Supplement Facts		Amount per Serving		% DV	
Serving Size: 1 Tablet		Amount per Serving		% DV	
Total Carbohydrate		180 mg		<1 g	
Total Fat		20 mg		40%	
Total Protein		270 mg		300%	
Total Fiber		10 mg		20%	
Total Sugar		10 mg		20%	
Total Cholesterol		10 mg		20%	
Total Sodium		10 mg		20%	
Total Potassium		10 mg		20%	
Total Calcium		10 mg		20%	
Total Magnesium		10 mg		20%	
Total Zinc		10 mg		20%	
Total Iron		10 mg		20%	
Total Vitamin A		10 mg		20%	
Total Vitamin B1		10 mg		20%	
Total Vitamin B2		10 mg		20%	
Total Vitamin B3		10 mg		20%	
Total Vitamin B6		10 mg		20%	
Total Vitamin B12		10 mg		20%	
Total Folate		10 mg		20%	
Total Quatrefolic		10 mg		20%	
Total Biotin		10 mg		20%	
Total Inositol		10 mg		20%	
Total Choline		10 mg		20%	
Total Creatine		10 mg		20%	
Total L-Carnitine		10 mg		20%	
Total L-Tyrosine		10 mg		20%	
Total L-Valine		10 mg		20%	
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