Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA

▲ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction. This product contains EGCG from green tea. Conforms to USP <2091> for weight.

No Artificial Flavors, No Wheat, Gluten Free, No Dairy.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548

GNC.com

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#### OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.



# Multivitamin

**ULTRA MEGA** 

WITHOUT IRON

### Living well starts here.

GLUTEN

Start your nutrition regimen with the multivitamin blend that's designed for women and provides support for your overall health.\*

- Clinically Studied Multivitamin Blend Contains a clinically studied multivitamin blend shown to work better than a basic multivitamin<sup>^</sup>
- Immune Support Supports immune health with 30% more absorption of key immune and oxidative defense nutrients^\*
- **Brain Health** Has choline to support memory function, plus GABA and inositol for additional brain and nerve support\*
- Beauty Includes biotin to support healthy hair, skin and nails, as well as ingredients to support skin hydration - plus it's packed with antioxidants to help protect against free radicals\*



# Multivitamin

### **ULTRA MEGA**

### WITHOUT IRON

Support for overall health & wellness\* Clinically proven to make you feel better^ Timed-Release



DIETARY SUPPLEMENT

180 CAPLETS/90-DAY SUPPLY

DIRECTIONS: As a dietary supplement, take two caplets daily with food

## **Supplement Facts**

% Daily Value

167%

222%

200%

134%

1500 mcg

200 ma

40 mca

201 ma

500 mca

50 mcg

10 mcq

10 mca

Serving Size Two Caplets/Servings Per Container 90

Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)

Vitamin C (as Ascorbic Acid & Calcium Ascorbate)

Vitamin E (as Natural d-alpha Tocopheryl Acetate)

Amount Per Serving

Vitamin D (as Cholecalciferol)

Vanadium (as Sodium Metavanadate)

\* Daily Value not established.

beta-Cryptoxanthin

Astaxanthin (from Haematococcus pluvialis

CurcuWIN® Turmeric Root Extract (Curcuma longa) (Standardized to Curcuminoids)

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Vitamin K (as Phytonadione)	80 mcq	67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	4167%
Riboflavin (Vitamin B-2)	50 mg	3846%
Niacin (as Niacinamide & Niacin)	50 mg	313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2941%
Folate	680 mcg DFE (400 mcg Folic Acid)	170%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	2083%
Biotin	300 mcg	1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	1000%
Choline (as Choline Bitartrate)	10 mg	2%
Calcium (as Calcium Carbonate, Calcium d-Pantothenate & Calcium Ascorbate)	500 mg	38%
Magnesium (as Magnesium Oxide)	50 mg	12%
Zinc (as Zinc Oxide)	15 mg	136%
Selenium (as L-Selenomethionine)	200 mcg	364%
Copper (as Copper Sulfate)	2 mg	2223
Manganese (as Manganese Sulfate)	2 mg	87%
Chromium (as Chromium Chloride)	120 mcg	343%
Molybdenum (as Sodium Molybdate)	75 mcg	167%
alpha-Lipoic Acid	25 mg	,
Fruit & Vegetable Blend Orange Peel Powder, Spinach Leaf Powder, Elderberry Fruit Powder, Acai Fruit I Cranberry Fruit Powder, Pomegranate Fruit Powder, Broccoli Powder, Tomato Po Panava Fruit Powder, Pineapole Fruit Powder, Cauliflower Powder, Kale Leaf Po	owder, Grape Skin Powder, Car	rot Powder,
Green Tea Leaf Extract (Camellia sinensis)(Standardized to Polyphenols)	14 mg	1
Inositol	10 mg	1
Silica (as Silicon Dioxide)	4 mg	- 1
Boron (as Sodium Borate)	2 mg	1
Lutemax® Lutein	2 mg	,
Grape Seed Extract (Vitis viniferg)(Standardized to Polyphenols)	1 mg	,
Hyaluronic Acid (as Sodium Hyaluronate)	1 mg	*
GABA (gamma-Aminobutyric Acid)	1 mg	,
Lycopene	1 mg	,

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Cellulose, Stearic Acid Vegetable Source, Hydroxypropylcellulose, Dicalcium Phosphate, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener), Polyethylene Glycol, Talc, Natural Vanilla Mint Flavor, Chlorophyllin (Color), Stevia Leaf Extract.

CONTAINS: Sovbeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.