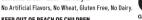
OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Stearic Acid Vegetable Source, Hydroxypropylcellulose, Dicalcium Phosphate, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener), Polyethylene Glycol, Talc, Natural Vanilla Mint Flavor, Chlorophyllin (Color), Stevia Leaf

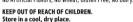
CONTAINS: Sovbeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA

▲ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.

Conforms to USP <2091> for weight.





For More Information: 1-888-462-2548

GNC.com

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'In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.



Multivitamin

50 PLUS

Make 50 fabulous.

Add this multivitamin to your regimen to help support your healthy lifestyle.*

Bone Health

Features vitamin D plus calcium and magnesium for healthy bones.*

Memory Support

Includes choline to support memory function and ginkgo biloba for mental sharpness*

Skin Health

Includes hyaluronic acid to support skin repair*

Antioxidants

Help protect against free radicals that can destroy healthy cells and promote the cell-aging process*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Multivitamin

50 PLUS

Specially formulated for women 50 & older Clinically proven to make you feel better^ Timed-Release



DIETARY SUPPLEMENT

60 CAPLETS/30-DAY SUPPLY

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets

Amount Per Serving		% Daily Valu
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	1500 mcq.	167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg.	2229
Vitamin D (as Cholecalciferol D-3)	40 mcg.	200%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	20.1 mg.	134%
Vitamin K (as Phytonadione)	80 mcg.	679
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg.	41679
Riboflavin (Vitamin B-2)	50 mg.	38469
Niacin (as Niacinamide & Niacin)	50 mg.	3139
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg.	29419
Folate	680 mcg DFÉ.	1709
	(400 mcg Folic Acid)	
Vitamin B-12 (as Cyanocobalamin)	50 mcg.	2083
Biotin	300 mcg.	10009
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg.	10009
Choline (as Choline Bitartrate)	10 mg.	29
Calcium (as Calcium Carbonate, Calcium d-Pantothenate and Calci	um Ascorbate)500 mg.	389
lodine (as Potassium Iodide)	150 mca.	1005
Magnesium (as Magnesium Oxide)	50 mg.	125
Zinc (as Zinc Oxide)	15 ma.	1365
Selenium (as L-Selenomethionine)	200 mcg.	3649
Copper (as Copper Sulfate)	2 ma.	2229
Manganese (as Manganese Sulfate)	2 ma.	875
Chromium (as Chromium Chloride)	100	2420
	IZU mca.	
Molybdenum (as Sodium Molybdate)	75 mcg.	1679
Molybdenum (as Sodium Molybdate)	75 mcg.	1679
Molybdenum (as Sodium Molybdate) Super Antioxidant Blend	75 mcg. 	1679
Molybdenum (as Sodium Molybdate)		1679
Molybdenum (as Sodium Molybdate)		1679
Molybdenum (as Sodium Molybdate) Super Antioxidant Blend alpha-Lipoic Acid Lutemax* 2020 Lutein Lycopene CurcuWIN® Turmeric Root Extract		1679
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Molybdenum (as Sodium Molybdate) Super Antioxidant Blend alpha-Lipoic Acid Lutemax* 2020 Lutein Lycopene Lycope		1675
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Molybdenum (as Sodium Molybdate) Super Antioxidant Blend		1675
Molybdenum (as Sodium Molybdate) Super Antioxidant Blend		1675
Molybdenum (as Sodium Molybdate) Super Antioxidant Blend		167
Molybdenum (as Sodium Molybdate) Super Antioxidant Blend		1675
Molybdenum (as Sodium Molybdate) Super Antioxidant Blend Japha-Lipoix Acid Lutenas' 2020 Lutein Lycopene Curcumib Purmeric Root Extract (Curcumo longo)(20% Curcuminoids = 100 mcg) Zeaxanthin (as Zeaxanthin Isomers). Astavanthin (from Reematococcus pluviolis) bete-Crybtoanthin Brain Support Blend Inositol Indina billotu leef Powder.	75 mcg. 28.96 mg. 25 mg. 2 mg. 3 mg. 500 mcg. 400 mcg. 50 mcg. 10 mg. 22.01 mg. 10 mg. 55 mcg. 55 mcg. 55 mcg.	1675
Molybdenum (as Sodium Molybdate) Super Antioxidant Blend		1673
Molybdenum (as Sodium Molybdate) Super Antioxidant Blend Japha-Lipoix Add Lutenas' 2020 Lutein Lycopene Curcumil's Turneir Root Extract (curcumo longo)(20% Curcuminoids = 100 mcg) Zeaxanthin (as Zeaxanthin Somers) Astananthin (from Heenatococcus pluvialis) bete-Cryptoanthin Brain Support Blend Inositol India Company Company Brain Broops and Sodium Rorata)	75 mcg. 28.96 mg. 25 mg. 2 mg. 500 mcg. 400 mcg. 50 mcg. 10 mg. 10 mg. 22.01 mg. 15 mg. 2 mg. 2 mg. 2 mg. 2 mg. 2 mg. 2 mg.	1675
Molybdenum (as Sodium Molybdate) Super Antioxidant Blend alpha-Lipoir, Ard alpha-Lipoir, Ard Lutenas' 2020 Lutein Lycopene Lycopene CurcumWa' Turmeric Root Extract (Curcuma longo)(20% Lurcuminoids = 100 mcg) Zeaxanthin (as Zeaxanthin Isomers) Astavanthin (from Hemotroccurs pluviolis) bete Cryptovanthin Train Support Blend Incident Broom for Start Clythole Plant) Broom (as Sodium Borate) Broom Sodium Borate) Broom Sodium Borate	75 mcg. 28.96 mg. 22 mg. 2 mg. 2 mg. 3 mg. 500 mcg. 400 mcg. 10 mcg. 22.01 mg. 1 m g. 4 mg. 2 mg. 1 mg.	1675
Molybdenum (as Sodium Molybdate) Super Antioxidant Blend	75 mcg. 28.96 mg. 25 mg. 2 mg. 1 mg. 500 mcg. 50 mcg. 10 mcg. 22.01 mg. 3 mg. 4 mg. 22.01 mg. 2 mg. 4 mg. 6 mg. 7 mg. 8 mg. 9 mg. 1 mg.	1675
Molybdenum (as Sodium Molybdate) Super Antioxidant Blend alpha-Lipoic Arid. Lutenas* 2020 Lutein Lycopene Curcumil* Turmeric Root Extract (Curcumo longo)(20% Curcuminoids = 100 mcg) Zeaxanthin (as Zeaxanthin Isomers). Astaxanthin (from Hoemotococcus pluviolis) beta-Cyptoxanthin Brain Support Blend Inositot. Broot (as Sodium Borate). Broot (as So	75 mg. 28.96 mg. 25 mg. 2 fm g. 2 fm g. 2 mg. 3 mg. 400 mcg. 50 mcg. 10 mg. 22.01 mg. 20 mg. 20 mg. 10 mg. 21 mg. 10 mg. 21 mg.	1675
Molybdenum (as Sodium Molybdate) Super Antioxidant Blend	75 mcg 28.95 mg 25 mg 2 mg 2 mg 3 mg 500 mcg 400 mcg 50 mcg 2.201 mg 10 mcg 2.201 mg 10 mg 1 mg 2.05 mg 4 mg 2.05 mg 4 mg 1	1675
Molybdenum (as Sodium Molybdate) Super Antioxidant Blend alpha-Lipoir, Ard Lutenas' 2020 Lutein Lycopene LurculWie Turneric Root Extract (Curcumo longo)(20% Lurcuminoids = 100 mcg) Zeaxanthin (as Zeaxanthin Somers) Astaanthin (from Hemotococcus pluviolis) beta-Cyptoxanthin Brain Support Blend Inositol Broot (as Sodium Brotel) Broop a momieri Extract (Whole Plant) Broop a momieri Extract (Whole Plant) Broop a Monte Sodium Brook Silica (as Silican Borole) Silica (as Silican Borole) Silica (as Silican Borole) Silica (as Silican Borole) Brain Carroll Brotel) Silica (as Silican Borole) Brain Carroll Brook Silica (as Silican Borole) Brain Carroll Brook Silica (as Silican Borole) Brain Carroll Brain	75 mg. 28.96 mg. 25 mg. 25 mg. 2 mg. 2 mg. 500 mg. 500 mg. 500 mg. 22.01 mg. 22.01 mg. 10 mg. 22.01 mg. 10 mg. 10 mg. 20.10 mg. 21.01 mg. 22.05 mg. 24.05 mg. 25.5 mg. 25.5 mg. 26.5 mg. 27.5 mg. 27.5 mg. 28.5 mg. 29.5 mg.	1679
Molybdenum (as Sodium Molybdate) Super Antioxidant Blend	75 mcg. 28.96 mg 2 5 mg. 2 5 mg. 2 mg. 3 mg. 400 mcg. 50 mcg. 10 mg. 22.01 mg. 10 mg. 2 mg. 2 mg. 2 mg. 3 mg. 3 mg. 4 mg. 2 m	1675
Molybdenum (as Sodium Molybdate) Super Antioxidant Blend alpha-Lipoir, Ard Lutenas' 2020 Lutein Lycopene CurculWie Turneric Root Extract (Curcumo longo)(20% Curcuminoids = 100 mcg) Zeaxanthin (as Zeaxanthin Somers) Astaanthin (from Hemotococcus pluviolis) beta-Cyptoxanthin Brain Support Blend Inositol Grikgo filolot Leef Powder Bocopa momieri Extract (Whole Plant) Bocopa momieri Extract (Whole Plant) Bocopa momieri Extract (Whole Plant) Soori (as Sodium Borote) Phosphatolyderine Phosphatolyderine Stract (Silicon Borote) Silica (as Silicon Borote) Black Currant Fruit Extract (Ribes injrum) Blueberry Fruit Powder (Varcinium spp.) Blueberry Fruit Powder (Varcinium spp.) Blueberry Fruit Powder (Varcinium spp.)	75 mcg. 28.96 mg. 25 mg. 2 mg. 2 mg. 3 mg. 500 mcg. 400 mcg. 50 mcg. 22.01 mg. 40 mg. 10 mcg. 22.01 mg. 10 mg. 2.10 mg. 2.10 mg. 2.10 mg. 2.10 mg. 2.10 mg. 2.5 mg.	1675
Molybdenum (as Sodium Molybdate) Super Antioxidant Blend	75 mcg. 28.96 mg. 2 5 mg. 2 5 mg. 2 mg. 3 mg. 400 mcg. 50 mcg. 10 mg. 10 mg. 2 10 mg. 10 mg. 2 mg. 4 mg. 2 mg. 4 mg. 2	1673
Molybdenum (as Sodium Molybdate) super Antioxidant Blend alpha-Lipoic Acid Lutemas* 2020 Lutein Lycopene Curculille* Turneric Root Extract (Curcumo lango) (20% Curcuminoids = 100 mcg) Zeasanthin lose Zeasanthin Ioneres) Zeasanthin Lomeres Zeasanthin Someres Zeasanthin Someres	75 mcg. 28.96 mg. 2 5 mg. 2 5 mg. 2 mg. 3 mg. 400 mcg. 50 mcg. 10 mg. 10 mg. 2 10 mg. 10 mg. 2 mg. 4 mg. 2 mg. 4 mg. 2	1673
Molybdenum (as Sodium Molybdate) Super Antioxidant Blend	75 mcg. 28.96 mg. 2 mg. 2 mg. 2 mg. 3 mg. 400 mcg. 50 mcg. 10 mg. 50 mg. 22.01 mg. 10 mg. 2 mg. 10 mg. 2 mg	1675
Molybdenum (as Sodium Molybdate) super Antioxidant Blend alpha-Lipoic Acid Lutemas* 2020 Lutein Lycopene Curculille* Turneric Root Extract (Curcumo lango) (20% Curcuminoids = 100 mcg) Zeasanthin lose Zeasanthin Ioneres) Zeasanthin Lomeres Zeasanthin Someres Zeasanthin Someres	75 mcg. 28.96 mg. 2 mg. 2 mg. 2 mg. 3 mg. 400 mcg. 50 mcg. 10 mg. 50 mg. 22.01 mg. 10 mg. 2 mg. 10 mg. 2 mg	1675

Daily Value not established.