Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications. Taking this product without food may cause stomach upset. Avoid this product if you have an autoimmune condition or are allergic to plants in the Asteraceae (Compositae) family including ragweed, sunflowers, or daisies. Discontinue use and consult your doctor if any adverse reactions occur. For adults only.

## Keep out of reach of children.

Due to the nature of these ingredients, color variation may occur.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





## Echinacea 500 mg

**Suggested Use:** Adults take 1 capsule daily with a meal and a glass of water.

## Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 100

## Amount Per Serving

Echinacea (Echinacea purpurea)(aerial parts) 500 mg

\*Daily Value not established

Other ingredients: Hypromellose, microcrystalline cellulose Distributed by Healthy Directions, Bethesda, MD 20817 www.healthydirections.com

se see bottom of bottle ot No. and Expiration Date.

**DIETARY SUPPLEMENT • 100 CAPSULES**