



Suggested Use: As a dietary supplement, mix 1 scoop with 8-12 fl. oz. of cold, pure water. Ideal before a workout, game, sports or an active day.

Supplement Facts

Serving Size 1 Scoop (16.9 grams)
Servings Per Container About 20

Amount Per Serving % Daily Value			Amount Per Serving % Daily Value		
Calories	10		Taurine	3,000 mg	†
Total Carbohydrate	3 g	1%*	L-Citrulline	500 mg	†
Vitamin C (as calcium ascorbate)	250 mg	278%	S7™(blend of Green coffee bean extract, green tea leaf extract, turmeric root extract, tart cherry, blueberry, broccoli, and kale)	50 mg	†
Vitamin E (as d-alpha-tocopheryl acetate and mixed tocopherols)	40.5 mg	270%	Creapure® Creatine Monohydrate	3,000 mg	†
Thiamin (as thiamin hydrochloride)	20 mg	1,667%	CarnoSyn® Beta-alanine	1,600 mg	†
Vitamin B6 (as pyridoxine hydrochloride)	20 mg	1,176%	Inavea™ Pure Acacia (Prebiotic)	3,000 mg	†
Vitamin B12 (as methylcobalamin)	135 mcg	5,625%	N-Acetyl-L-Tyrosine	250 mg	†
Choline (as choline bitartrate)	40 mg	7%	Coenzyme Q10	25 mg	†
Calcium (as dicalcium phosphate, calcium ascorbate, calcium citrate)	100 mg	8%	Hawthorn Berry Extract	110 mg	†
Phosphorus (as dicalcium phosphate, potassium phosphate, magnesium phosphate, sodium phosphate)	150 mg	12%	Caffeine	50 mg	†
Magnesium (as magnesium citrate and magnesium phosphate)	130 mg	31%	* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.		
Sodium (as sodium citrate, sodium bicarbonate, sodium phosphate)	200 mg	9%			
Potassium (as potassium citrate and potassium phosphate)	85 mg	2%			

Other ingredients: Citric acid, natural orange and tangerine flavor, silica, beta carotene (for color), sucralose.
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