

CODE 303912
The program includes:
Hair, Skin & Nails
DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts		
Serving Size Two Caplets Servings Per Container 30		
Amount Per Serving	% Daily Value	
Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate)	1500 mcg	167%
Vitamin C (as Calcium Ascorbate)	120 mg	133%
Vitamin D (as Cholecalciferol D-3)	5 mcg	25%
Vitamin E (as d-alpha Tocopheryl Acetate)	201 mg	134%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg	125%
Riboflavin (Vitamin B-2)	1.7 mg	131%
Niacin (as Niacinamide)	20 mg	125%
Folate (200 mcg Folic Acid)	340 mcg DFE	85%
Biotin	3000 mcg	10000%
Pantothenic Acid (as Calcium d-Pantothenate)	13.5 mg	270%
Calcium (as Calcium Carbonate and Dicalcium Phosphate)	200 mg	15%

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropylcellulose, Croscarmellose Sodium, Stearic Acid Vegetable Source, Hydroxypropyl Methylcellulose, Silicon Dioxide, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener), Natural Vanilla Mint Flavor, Vegetable Acetoglycerides, Polyethylene Glycol, Chlorophyllin (Color), Polysorbate 80, Sucralose.
CONTAINS: Fish (Anchovy, Mackerel, Pollock, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof), Soybeans.

ACTUAL SIZE

Evening Primrose Oil 500
DIRECTIONS: As a dietary supplement, take one softgel capsule daily with food.

Supplement Facts		
Serving Size One Softgel Capsule		
Amount Per Serving	% Daily Value	
Calories	5	
Total Fat	0.5 g	<1%†
Evening Primrose Oil (<i>Oenothera biennis</i>)	500 mg	*
Linoleic Acid	350 mg	*
gamma-Linolenic Acid	45 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Glycerin.

ACTUAL SIZE

Amino/Collagen Formula
DIRECTIONS: As a dietary supplement, take one capsule daily with food.

Supplement Facts		Amount Per Serving
Serving Size One Capsule		
Amount Per Serving		
Collagen	100 mg*	Glycine
Amino Acid Blend 200 mg*		L-Valine
L-Cysteine		L-Aspartic Acid
L-Glutamine		L-Alanine
L-Serine		L-Lysine
L-Proline		L-Isoleucine
L-Threonine		L-Tyrosine
L-Arginine		L-Phenylalanine
L-Leucine		L-Histidine
		L-Methionine

OTHER INGREDIENTS: Microcrystalline Cellulose, Gelatin, Magnesium Stearate Vegetable Source, Silicon Dioxide, Titanium Dioxide (Mineral Whitener).

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

JUG
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. This product contains EGCG from green tea. Niacin may cause a temporary flushing reaction.

No Artificial Flavors, No Wheat, Gluten Free, No Dairy.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548
GNC.com

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Pantesin®
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OUR QUALITY COMMITMENT TO YOU
Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.

Please recycle this box.

GNC
WOMEN's

Hair, Skin & Nails

BEAUTY BASICS BEAUTY PROGRAM

Comprehensive nutritional program to support beauty from within*
Includes Hair, Skin & Nails Formula + Evening Primrose Oil 500 + Amino/Collagen Formula



GNC
WOMEN's
Hair, Skin & Nails
BEAUTY BASICS

Looking good.
With biotin, evening primrose oil and collagen, our Women's Hair, Skin & Nails Beauty Program helps support beauty from within.*
Your beauty support includes:

- ✔ **Biotin**
3,000 mcg of biotin to support the matrix of hair, skin and nails, as well as energy metabolism*
- ✔ **Additional Skin Support**
Collagen to support healthy skin structure and amino acids, which are essential protein building blocks needed for tissue growth and repair, plus GLA, which promotes healthy skin*
- ✔ **Antioxidants**
Protection against free radicals that can destroy healthy cells and promote the aging process*
- ✔ **Hormonal Balance**
Evening primrose oil provides a natural source of GLA, which supports hormonal balance*

**DIETARY SUPPLEMENT
30-DAY SUPPLY**
HAIR, SKIN & NAILS - 60 CAPLETS
EVENING PRIMROSE OIL 500 - 30 SOFTGELS
AMINO/COLLAGEN FORMULA - 30 CAPSULES

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.