GNC TOTAL LEAN

BURN & DEFINE VITAPAK® ADVANCED SUPPORT AS YOU STRIVE TO BURN & DEFINE.

DEFINE YOUR LOOK. Get premium, clinically researched ingredients in just the right doses to support your nutrition and weight management goals - all in a convenient pack.



MULTIVITAMIN

minerals and key nutrients that may be missing from your diet.*



BURN 60

as it increases calorie burning by up to 60%.^*



L-CARNITINE 1000

One of the most clinically studied forms of L-Carnitine available - shown



fuels fat metabolism and enhances your diet.*



WATEREX"

^ Clinically proven to increase post-workout calorie burning by up to 60% for up to one hour after a workout. This double-blind, placebo-controlled, crossover study consisted of 22 healthy men and women. Participants exercised on a treadmill on two occasions On one occasion, they took Burn 60™ before exercise and on the second, they took a placebo. The amount of calories burned during the first hour post-exercise was measured, and participants burned up to 60% more calories while on Burn 60™ compared to when



BURN & DEFINE

VITAPAK*

Scientifically Formulated Nutrition & Weight Management Support System*









NUTRITION SUPPORT*

with an ultra-concentrated multivitamin

with scientifically formulated Waterex"

ENERGY & CALORIE BURNING^* with clinically researched Burn 60™

FUELS FAT METABOLISM* with L-Carnitine 1000 & CLA

WATER BALANCE*



DIETARY SUPPLEMENT **30 PACKS**

30-DAY SUPPLY

CODE 219312

DIRECTIONS: As a dietary supplement, take the contents of one pack daily. Do not take before bedtime. **EACH PACK CONTAINS:**

75 mca

72 ma 80 ma

Total Lean® Multivitamin

Molybdenum (as Hydrolyzed Protein Chelate)

assium (as Potassium Chloride)

Supplement Facts

rving Size One Beige Caplet				
nount Per Serving	% D	% Daily Value		
tamin A (as Retinyl Acetate)	1050 mcg	117%		
tamin C (as Ascorbic Acid)	100 mg	111%		
tamin D (as Cholecalciferol D-3)	30 mcg (1200 IU)	150%		
tamin E (as d-alpha Tocopheryl Succinate)	37.19 mg	248%		
tamin K (as Phytonadione)	80 mcg	67%		
ilamin (Vitamin B-1)(as Thiamin Mononitrate)	1.65 mg	138%		
boflavin (Vitamin B-2)	1.87 mg	144%		
acin (as Niacinamide)	20 mg	125%		
tamin B-6 (as Pyridoxine Hydrochloride)	3.3 mg	194%		
late	667 mcg DFE (400 mcg Folic Acid)	167%		
tamin B-12 (as Cyanocobalamin)	25 mcg	1042%		
otin	300 mcg	1000%		
intothenic Acid (as Calcium d-Pantothenate)	16.5 mg	330%		
oline (as Choline Bitartrate)	2.5 mg	<1%		
licium (as Calcium Carbonate and Dicalcium Phos	phate) 250 mg	19%		
osphorus (as Dicalcium Phosphate)	15 mg	1%		
dine (as Potassium Iodide)	150 mcg	100%		
agnesium (as Magnesium Oxide)	125 mg	30%		
nc (as Zinc Oxide)	30 mg	273%		
lenium (as Sodium Selenite)	120 mcg	218%		
pper (as Cupric Oxide)	2 mg	222%		
anganese (as Manganese Sulfate)	2 mg	87%		
romium (as Hydrolyzed Protein Chelate)	200 mcg	571%		

Amount Per Serving	% Daily Value	
Amino Acid Blend (L-Taurine, L-Methionine, L-Glutamine, L-Carnitine)	20 mg	•
Eye Health Blend	1.2 mg	*
Lutemax® 2020 Lutein	1 mg	•
Zeaxanthin	200 mcg	•
Health & Mineral Blend	5.275 mg	*
Inositol	2.5 mg	•
Silica (as Silicon Dioxide)	2 mg	
Lycopene	600 mcg	•
Boron (as Hydrolyzed Protein Chelate)	150 mcg	•
Tin (as Stannous Chloride)	10 mcg	•
Vanadium (as Vanadyl Sulfate)	10 mcg	•
MEDITAL MEDITAL PROPERTY.	-	

INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl getable Source, Titanium Dioxide (Mineral Whitener), Magnesium

ACTUAL SIZE

-Carnitine 1000

Supplement Facts Amount Per Serving

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Stearic Acid Venetable

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

.-Carnitine (Carnipure[®]) (from L-Carnitine Tartrate)

ACTUAL SIZE

Burn 60" Thermogenic Formula

Supplement Facts Supplement Facts

Amount Per Serving		Amount Per Serving
Guarana Seed Extract (Paullinia cupana) (36% Caffeine = 180 mg)	495 mg*	Calories Total Fat
Black Tea Leaves Extract (Camellia sinensis)	272 mg*	Total Fat
MegaNatural" Grape Skin & Seed Extract (Vitis vinifera)	210 mg*	Conjugated Linoleic Acid (from
Ginger Root Extract (Zingiber officinale)	200 mg*	
MegaNatural* Gold Grape Seed Extract (Vitis vinifera)	125 mg*	† Percent Daily Value based or
Dill Weed Extract (Anethum graveolens)	5 mg*	* Daily Value not established.

OTHER INGREDIENTS: Dextrose, Microcrystalline Cellulose. Magnesium Stearate Vegetable Source, Natural Cinnamon Extract,

Titanium Dioxide (Mineral Whitener).

50 mg

ACTUAL SIZE

Conforms to USP <2091> for weight.

Waterex*

Waterex Herbal Blend

Parsley Leaf Powder (Petroselinum crispum)

Elderberry Fruit Powder (Sambucus nigra)

Horsetail Rush Stems Powder (Fauisetum arvense) Fennel Seed Pawder (Foeniculum vulgare) Corn Silk Powder (Zea mays)

Hydrangea Root Powder (Hydrangea arborescens)

Meets USP <2040> disintegration.

OTHER INGREDIENTS: Microcrystalline Cellulose, Gelatin.

Supplement Facts

Serving Size One Capsul AWARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov. Amount Per Serving % Daily Value NOTICE: Use in conjunction with the Total Lean® Meal and Exercise (itamin B-6 (as Pyridoxine Hydrochloride) 25 mg 1471% Magnesium (as Magnesium Oxide) 25 mg 6% Potassium (as Potassium Chloride) 25 mg <1%

Carnipure 🙎

niunated Linnleic Acid (from Safflower Oil)

OTHER INGREDIENTS: Gelatin, Glycerin

Meets USP <2040> disintegration

Percent Daily Value based on a 2,000 calorie diet.

WARNING: For adult use only. Do not use this product if you are



2020 OmniActive Health Technologies.

% Daily Value

2.5 q 3%†

2000 mg

ACTUAL SIZE



MegaNatural MegaNatural and its logo are

OUR QUALITY COMMITMENT TO YOU

ission. If you're not 100% satisfied with your purchase, return the unused Magnesium Stearate Vegetable Source, Silicon Dioxide, Calcium

Store in a cool, dry place. For More Information: 1-888-462-2548

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KEEP OUT OF REACH OF CHILDREN.

*These statements have not been evaluated by the Food and Drug Administration. This ground is not intended to diagnose, treat, cure, or grevent any disease.