# Rapid



#15557

# Overtired? Overwhelmed? Get Over It!

Millions of women every day experience occasional fatigue, stress, bloating, constipation, brain fog, and more due to a buildup of harmful toxins in the body. Over time those toxins can slow down healthy diaestion and metabolism, leaving us feeling run down and unable to do the things we enjoy. Brenda Watson created Flush & Be Fit™ exclusively for women to help them restore and maintain vibrant health and energy, and all in easy-to-take daily strip-packs that are perfect for carrying on the go.\*

Afternoon Pack

**Energize & Balance** 

### Mornina Pack Flush & Detox

Detoxifying herbs stimulate the natural cleansing function of the iver, the body's main detaxifying organ.\*

Concentrated cranberry extract, hibiscus and dandelion support urinan tract health and normal kidney function.\*

Revitalizing green teg. verba mate, ginsena, and more help boost and sustain energy and alleviate feelings of occasional fatique.\*

enzymes enhance

occasional bloating.\*

Live probiotic cultures promote healthy vaginal flora and help balance yeast levels." Effective plant-based digestion and help relieve

constipation.\* Natural laxative herbs gently stimulate a sluggish howel.\*

Hydratina magnesium helps retain water in the bowel, making stools easier to pass.\* Soothing herbal ingredients help ease elimination.\*

Evenina Pack

Cleanse & Eliminate

Gentle vet effective herbal

laxative formula promotes

bowel regularity and helps

relieve occasional

About Brenda Watson, C.N.C. Brenda Watson is among the foremost experts today on natural digestive care and nutrition. Following her own personal battle with poor health, weight gain, and fatigue, Brenda came to realize the

Brenda Watson's Vital Woman is a line of premium herbal and



Free of GMOs, gluten, salt, fillers, binders, preservatives, and artificial ingredients.

- Enhances Energy & Digestion
- Eliminates Toxins and Waste
- Promotes Vaginal & Intestinal Flora Balance



## Call Toll-Free 1-800-830-1800 for Free Product Specialist Support

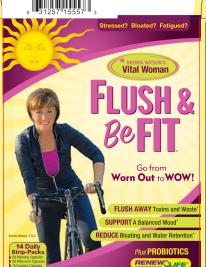


you have any questions as you begin your cleansing and detoxification journey, we'd like to know, Simply call or additional information, and you will pe connected to a Product Specialist who can help guide you on your way.

Manufactured in a GMP facility **Quality and Purity Guaranteed** Distributed by Renew Life Formulas® Palm Harbor, FL 34683

Questions? Call: 1-800-830-1800

Fmail: support@renewlife.com or visit our website at: www.renewlife.com \*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



## **Supplement Facts**

WomanProtect Blend WomanEnergy Blend

Ashwagandha Extract (5:1) root Gotu Kola Extract (4:1) herb WomanBalance Blend Total Probiotic Cultures 4 billion WomanDigest Blend

Ginger root Daily Value not established, †At time of manufacture.

nursing, trying to conceive, taking medication, or have a medical condition. Notice: This product contains cape aloe. rhubarb, and buckthorn DO NOT LISE IE YOU HAVE OR DEVELOP ABDOMINA

PAIN OR DIARRHEA.

Morning Pack in

morning on an empty stomach, Take Afternoon Pack with

afternoon meal. Take

Evening Pack in the

evening before bed.

Drink plenty of purified water while using this

KEEP OUT OF REACH

physician before using

this or any product if you are pregnant.

OF CHILDREN. WARNING: Consult you

Please read and follow instructions carefully. No refrigeration required. Store in a dry place at 59-79°F (15-26°C).

Other ingredients Vegetable capsule (vegetable fiber, water) Notice: This product of milk and soy from fermentation ingredients