

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

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Distributed by:

General Nutrition Corporation

Pittsburgh, PA 15222 USA

GNC

MEN'S Ultra NourishHair™

Dietary Supplement

PREMIUM FORMULA FOR MEN

- Supports the structural foundation of strong, healthy hair*

**120 CAPLETS
60-DAY SUPPLY**

CODE 338212

DIRECTIONS: As a dietary supplement, take two caplets daily. For maximum benefits, take as directed every day.

Supplement Facts

Serving Size Two Caplets

Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin A (100% as beta-Carotene)	300 mcg.....33%
Vitamin C (as Ascorbic Acid)	30 mg.....33%
Vitamin E (as Mixed Tocopherols)	6.7 mg.....45%
Thiamin (Vitamin B-1)	1.5 mg.....125%
(as Thiamin Mononitrate)	
Riboflavin (Vitamin B-2)	1.7 mg.....131%
Niacin (as Niacin & Niacinamide)	25 mg.....156%
Vitamin B-6	2 mg.....118%
(as Pyridoxine Hydrochloride)	
Folate	680 mcg DFE.....170%
(400 mcg Folic Acid)	
Vitamin B-12 (as Cyanocobalamin)	6 mcg.....250%
Biotin	2000 mcg.....6667%
Pantothenic Acid	50 mg.....1000%
(as Calcium d-Pantothenate)	

Amount Per Serving	% Daily Value
Choline (as Choline Bitartrate)	0.25 mg.....0%
Iodine (as Kelp)	50 mcg.....33%
Magnesium (as Magnesium Gluconate)	15 mg.....4%
Zinc (as Zinc Gluconate)	15 mg.....136%
Copper (as Copper Gluconate)	1 mg.....111%
L-Cysteine	100 mg.....*
Natural Amino Complex	50 mg.....*
(Lactalbumin Hydrolysates)	
Hydrolyzed Gelatin	25 mg.....*
Cayenne Pepper Fruit Powder	10 mg.....*
(Capsicum spp.)	
Silica (as Silicon Dioxide)	2 mg.....*
Boron (as Boron Gluconate)	1 mg.....*
Inositol	50 mcg.....*

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Hydroxypropylcellulose, Stearic Acid, Dicalcium Phosphate, Croscarmellose Sodium, Titanium Dioxide (Mineral Whitener), Shellac, Magnesium Stearate Vegetable Source, Vegetable Acetoglycerides, Polyethylene Glycol, Polysorbate 80, Carnauba Wax.

CONTAINS: Milk and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.

No Sugar, No Artificial Flavors, No Wheat, Gluten Free, No Corn.



**GLUTEN
FREE**