USAGE: Take 1 softgel up to 3 times per day with food or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, consult your healthcare professional before using this product.

Q-absorb® is a proliposome lipidsoluble delivery system clinically 0.181 shown in humans to increase Co-Q10 levels by nearly 400% over baseline with exercise and 3-4

Q-absorb® + Quahsorh® raised Exercise nlasma Co.Oto by 300% over baseline Q-absorb® in humans, With exercise, Q-absort raised plasma Co-Q10 by 394% Resoline 0.84 300 mg/day; 4 weeks; 23 subjects

times better absorbed than chewable Co-Q10 tablets. Co-Q10 supports heart function as a component of the electron transport system, needed for ATP (i.e., energy) production within the cells, and as an antioxidant protects mitochondrial membranes and cholesterol from oxidation.* Jarrow Formulas® Q-absorb® restores Co-Q10 levels reduced by the use of statins."

Jarrow Formulas® Co-Q10 is derived from fermentation and consists only of the natural trans configuration, the same as is synthesized in the human body. Jarrow Formulas® supports clinical research on Coenzyme Q10.

Keep out of the reach of children. Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Jarrow.

Q-absorb[®]

100% Natural Trans Form $\overline{\mathbf{Co-Q}}_{10}$ **Enhanced Absorption** ProSome™ Formula

Supports Heart Function*

Supplement Facts

Serving Size 1 Softgel Servings Per Container 60

Amount Per Serving Coenzyme Q10 (Ubiquinone) 100 mg

† Daily Value not established.

Other Ingredients: Soy lecithin, medium chain glycerides and natural mixed tocopherols (added to maintain freshness). Softgel consists of bovine gelatin (BSE-free), glycerin, purified water: caramel and carob extract added as a light barrier. Contains: Sov.

No wheat, gluten, dairy, egg, fish/shellfish, or peanuts/tree nuts. Kaneka Q10[®] is a registered trademark of the Kaneka Corporation of Japan.

Particle formation inside softgel is normal and dissolves after ingestion. 07420QQ160 PROD # 106012



Distributed Exclusively by: Jarrow FORMULAS® Superior Nutrition and Formulation⁵³ Los Angeles, CA 90035-4317 www.Jorrow.com (866) 459-4154

GLUTEN