



Suggested Use: As a dietary supplement, adults take 2 softgels daily. FOR DAILY USE.

Supplement Facts

Serving Size 2 Soft Gels

Servings Per Bottle 30

Two Soft Gels Contain		% Daily Value
Calories	20	
Total Fat	2 g	3%*
Polyunsaturated Fat	1.5 g	†
Cholesterol	Less than 5 mg	<2%*
Omega-3 Fatty Acids	1280 mg	†
EPA (Eicosapentaenoic acid)	640 mg	†
DHA (Docosahexaenoic acid)	420 mg	†
Other Omega-3s	220 mg	†
CoQ10	50 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Ingredients: Highly Refined and Concentrated Omega-3 Fish Oil (anchovy, sardine, mackerel), Capsule Shell (gelatin, glycerin, purified water, caramel color), Beeswax, Coenzyme Q10, **Proprietary LemonLock™ Freshness System** (natural lime flavor, natural lemon flavor, antioxidant blend consisting of natural tocopherols (soy), rosemary extract, and ascorbyl palmitate), Lecithin (soy).

Contains fish (anchovy, sardines, mackerel) and soy.