



Suggested Use: As a dietary supplement, take 1 capsule before bedtime. Optimally, for the first 15 days, double the dose. Best results obtained with daily use.

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 30

Amount Per Serving	% Daily Value	
Sensoril® <i>Withania somnifera</i> extract (root and leaf)	250 mg	†
Passion Flower (<i>Passiflora incarnata</i>) extract (aerial parts)	175 mg	†
Holy Basil (<i>Ocimum sanctum</i>) extract (leaf)	175 mg	†
Suntheanine® L-Theanine	100 mg	†

† Daily Value not established.

Other Ingredients: Vegetable cellulose (capsule), rice flour, magnesium stearate.

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Suntheanine™ is a registered trademark of Taiyo International Inc.