

WE WANT YOU TO KNOW

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.

VEGETARIAN SUPERSTAR INGREDIENTS

VEGETARIAN OMEGA 3s
FOLATE AS METHYLFOLATE
VITAMIN D AS D3
VITAMIN B12
AS METHYLCOBALAMIN
BIOTIN
IODINE
CHOLINE AS VITACHOLINE®
ZINC
BETA CAROTENE

3 DELICIOUS FLAVORS
GRAPE, BLUEBERRY, and MIXED BERRY

SMARTY PANTS® ORGANICS



PRENATAL FORMULA

VEGETARIAN

MULTIFUNCTION

MULTI and OMEGA 3s
vitamin K2 for BONES*
folate for FETAL DEVELOPMENT*
vitamin D3 for IMMUNITY*
vitamin B12 for ENERGY*

90 VEGETARIAN
GUMMIES

DIETARY
SUPPLEMENT



Directions: For pregnant or lactating women, take four (4) gummies daily. May be taken with or without food.

Supplement Facts

Serving Size 4 Gummies

Servings Per Container About 22

Amount Per 4 Gummy Serving		% Daily Value Preg Women & Lact Women
Calories	45	
Total Carbohydrate	10 g	4%†
Sugars	7 g	**
Includes 7 g Added Sugars		14%†
Vitamin A (as 50% beta-carotene, retinyl palmitate USP)	520 mcg	40%
Vitamin C (as organic acerola cherry extract)	48 mg	40%
Vitamin D (D-3 as cholecalciferol USP)	30 mcg (1200 IU)	200%
Vitamin E (as d-alpha-tocopherol from sunflower oil FCC)	14.3 mg	75%
Thiamin (Vitamin B-1 as thiamine mononitrate USP)	0.14 mg	10%
Riboflavin (Vitamin B-2 USP)	0.16 mg	10%
Niacin (Vitamin B-3 as inositol niacin)	18 mg	100%
Vitamin B-6 (as pyridoxal 5-phosphate)	2 mg	100%
Folate (as L-methylfolate, calcium salt)	600 mcg DFE 360 mcg L-methylfolate	100%
Vitamin B-12 (as methylcobalamin)	3.5 mcg	125%
Biotin USP	17.5 mcg	50%
Choline (as choline bitartrate USP)	11 mg	2%
Iodine (as potassium iodide USP)	290 mcg	100%
Zinc (as zinc citrate USP)	3.9 mg	30%
Selenium (as sodium selenite)	14 mcg	20%
Sodium	20 mg	1%
Organic Flax Seed Oil	341 mg	**
Omega-3 (α-Linolenic Acid)	171 mg	**
Omega-9 (Oleic Acid)	55 mg	**
Vitamin K-2 (as menaquinone-7 USP)	18 mcg	**
Inositol (from inositol niacin)	5 mg	**

† Percent Daily Value based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Organic Tapioca Syrup, Organic Cane Sugar, Pectin, Organic Lemon Concentrate, Sodium Citrate, Organic Natural Flavors, Colors Added (Organic Maqui Berry, Organic Black Carrot Juice Concentrate), Organic Sunflower Oil, Organic Carnauba Wax.

FREE OF

gelatin, soy, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, gluten, peanuts, tree nut allergens, fish, shellfish, and salicylates. **YAY!**

EVERY BATCH 3RD PARTY LAB TESTED



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WARNING Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended dosage.

Do not freeze, product may darken over time.



PROUD SUPPORTER

1•FOR•1
PARTNER

Manufactured in California from domestic and imported ingredients.

Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA.

Certified Organic by QAI.

VitaCholine® is a registered trademark of Balchem Corporation.

For Customer Support: 1-888-751-2291

Hoot@SmartyPantsCorp.com



This bottle contains 80% post-consumer recycled material, and its label is printed on FiberStone® tree-free/water-free paper made from stone.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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