



Suggested Use: As a dietary supplement, take 2 capsules daily, preferably with a meal or as directed by a healthcare professional. FOR DAILY USE.

Supplement Facts

Serving Size 2 Vegetarian Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	
KSM-66® Organic Ashwagandha Root Extract	600 mg	†
Organic Schisandra Berry Powder	150 mg	†
Organic Blueberry Fruit Powder	50 mg	†
Organic Pomegranate Fruit Powder	50 mg	†
Organic Cranberry Fruit Powder	50 mg	†

† Daily Value not established.

Other Ingredients: Hypromellose (capsule), microcrystalline cellulose, vegetable stearate.

Contains: Milk

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Do not use if Safety Seal is broken.