

## WE WANT YOU TO KNOW

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.

### VEGETARIAN SUPERSTAR INGREDIENTS

VEGETARIAN OMEGA 3s

VITAMIN K AS K2

VITAMIN D AS D3

FOLATE AS METHYLFOLATE

VITAMIN B12  
AS METHYLCOBALAMIN

SELENIUM

ZINC

BETA CAROTENE

3 DELICIOUS FLAVORS

RASPBERRY, ORANGE, and CHERRY

# SMARTY PANTS® ORGANICS



## MEN'S FORMULA

VEGETARIAN



MULTIFUNCTION

MULTI and OMEGA 3s  
vitamin A for EYE HEALTH\*  
vitamin D3 for BONES\*  
vitamin B12 for ENERGY\*  
zinc for IMMUNITY\*

120 VEGETARIAN  
GUMMIES

DIETARY  
SUPPLEMENT



**Directions:** For adult men, take four (4) gummies daily. May be taken with or without food.

## Supplement Facts

Serving Size 4 Gummies  
Servings Per Container 30

Amount per 4 Gummy Serving		% Daily Value
Calories	45	
Total Carbohydrate	10 g	4%†
Sugars	7 g	**
Includes 7 g Added Sugars		14%†
Vitamin A (as 50% beta-carotene, retinyl palmitate USP)	270 mcg	30%
Vitamin C (as organic acerola cherry extract)	45 mg	50%
Vitamin D (D-3 as cholecalciferol USP)	40 mcg (1600 IU)	200%
Vitamin E (as d-alpha-tocopherol from sunflower oil FCC)	9 mg	60%
Thiamin (Vitamin B-1 as thiamine mononitrate USP)	0.12 mg	10%
Riboflavin (Vitamin B-2 USP)	0.26 mg	20%
Niacin (Vitamin B-3 as inositol niacin)	4 mg	25%
Vitamin B-6 (as pyridoxal 5-phosphate)	1.7 mg	100%
Folate (as L-methylfolate, calcium salt)	400 mcg DFE 240 mcg L-methylfolate	100%
Vitamin B-12 (as methylcobalamin)	3 mcg	125%
Biotin USP	15 mcg	50%
Iodine (as potassium iodide USP)	150 mcg	100%
Zinc (as zinc citrate USP)	5.5 mg	50%
Selenium (as sodium selenite)	14 mcg	25%
Sodium	20 mg	<1%
Organic Flax Seed Oil	341 mg	**
Omega-3 (alpha-Linolenic Acid)	171 mg	**
Omega-9 (Oleic Acid)	55 mg	**
Vitamin K-2 (as menaquinone-7 USP)	36 mcg	**
Inositol (from inositol niacin)	1 mg	**

† Percent Daily Value based on a 2,000 calorie diet.

\*\* Daily Value not established.

**Other Ingredients:** Organic Tapioca Syrup, Organic Cane Sugar, Pectin, Organic Lemon Juice Concentrate, Organic Natural Flavors, Sodium Citrate, Colors Added (Organic Black Carrot Juice Concentrate, Organic Maqui Berry, Organic Turmeric), Organic Sunflower Oil, Organic Carnauba Wax.

## FREE OF

gelatin, soy, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, gluten, peanuts, tree nut allergens, fish, shellfish, and salicylates. **YAY!**

EVERY BATCH 3RD PARTY LAB TESTED

@SmartyPants [wwwSmartyPantsVitamins.com](http://wwwSmartyPantsVitamins.com)

**WARNING** Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended dosage.

Do not freeze, product may darken over time.



Manufactured in California from domestic and imported ingredients.

Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA.

Certified Organic by QAI.

For Customer Support: 1-888-751-2291  
Hoot@SmartyPantsCorp.com



This bottle contains 80% post-consumer recycled material, and its label is printed on FiberStone® tree-free/water-free paper made from stone.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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