

Control No.:
Exp. Date:

WARNINGS: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle or operating machinery.

† THE INFORMATION ON THIS LABEL HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

TAMPER RESISTANT – DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

To preserve quality and freshness, keep bottle tightly closed.

Store in a cool, dry place at room temperature 15°-30°C (59°-86°F)

To report a serious adverse event or to obtain product information, contact **1-800-848-8442**.

Manufactured by: **Tishcon Corp.**, Salisbury, MD and Westbury, NY

Manufactured in a cGMP Compliant Facility in the USA with Imported and Domestic Raw Materials.

Sleep Well™ is a trademark of Tishcon Corp.

Freedom Easy-to-Swallow® is a registered trademark of Tishcon Corp.

Pharma GABA™ is a trademark of Pharma Foods International Co., LTD.

Suntheanine® is a registered trademark of Taiyo International, Inc.

MicroActive® Melatonin is a registered trademark of Bioactives LLC



SLEEP WELL™



FREEDOM FROM INSOMNIA



Dietary Supplement

Wake Up Refreshed!

- Natural - Non Addictive[†]
- Herbal Extracts - Drug Free
- No Animal Products
- Non GMO Vege-Caps
- No Allergens, Gluten, or Preservatives

60 Vege-Caps

Supplement Facts

Serving Size: 1 Vege-Capsule Servings Per Container: 60

	Amount Per Serving	% Daily Value
Valerian Root extract (<i>valeriana officinalis</i>)	125 mg	**
Pharma GABA™ (gamma amino butyric acid)	100 mg	**
MicroActive® Melatonin	1.5 mg	**
Suntheanine® (L-Theanine)	100 mg	**

**Daily Value not established.

Other Ingredients: Hypromellose, maltodextrin, microcrystalline cellulose, talc, magnesium stearate, gellan gum and silicon dioxide.

Directions: Adults: Take one (1) vege-capsule when needed, 30 to 40 minutes before bedtime, or as recommended by your healthcare professional. Dose may be increased to two (2) capsules if necessary.

Free of: Milk or milk byproducts, egg or egg byproducts, fish or fish byproducts, shellfish or shellfish byproducts, tree nuts, wheat or wheat byproducts, peanuts or peanut byproducts, and soybean or soy byproducts.

KEEP OUT OF REACH OF CHILDREN.

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