USAGE: Take 1 tablespoon per day. May be mixed in cold water, juice, tea, or other beverage of choice.

Jarrow Formulas® PomeGreat™ Pomegranate Juice Concentrate is made with California Wonderful Variety pomegranate fruit. It is 4 times more concentrated than regular pomegranate juice. Pomegranate is one of the most powerful antioxidant fruits.

Pomegranate has been shown in scientific studies to benefit cardiovascular function, healthy cell replication, and antioxidation protection.\* These health benefits are contributed by phytochemical compounds such as ellagic acid, gallic acid, anthocyanins, and tannins, including punicalagin, and other powerful phytonutrients.\*

## Clinical and experimental studies show that pomegranate juice:

- Decreases Low Density Lipoprotein (LDL) oxidation.\*
- Enhances cellular (macrophage) glutathione.\*
- · Helps maintain regular platelet activity.\* Supports normal vascular contraction.\*
- Promotes normal cell function and replication.\*

WARNING: Pomegranate juice, like grapefruit juice, may interact with a number of medications. People on any medication, especially on anti-hypertensive or cholesterol lowering medications, or people who are allergic to many plants, should consult their physician before taking pomegranate juice or pomegranate products.

Refrigerate after opening. To extend shelf life, this product would be best kept refrigerated at all times. Use within 60 days after opening. Shake well before using.

Keep out of the reach of children.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:



## **PomeGreat Pomegranate**

**Supports Healthy Cardiovascular** Function\* & Healthy Aging\*

**Juice Concentrate** 





## **Supplement Facts**

Serving Size 1 Tablespoon (15 ml) Servings Per Container 24

	Amount Per Se	rving	% DV
Calories		50	
Total Carbohydrate		12 g	4%†
Total Sugars		10 g	††
Potassium	12	5 mg	3%
Pomegranate Juice Concentrate (Punica granatum, 65 Brix) (Fruit)			††
Total Polyphenols	16	5 mg	††
† Percent Daily Va	lues are based	on a	2,000

†† Daily Value not established. Ingredient: 100% Pomegranate juice concentrate. No wheat, gluten, soybeans, dairy, egg,

fish/shellfish, or peanuts/tree nuts. Suitable for vegetarians/vegans.



calorie diet

Distributed Exclusively by: Jarrow FORMULAS® Superior Nutrition and Formulation<sup>sм</sup> Los Angeles, CA 90035-4317

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