SUGGESTED USE: Take two (2) capsules daily, preferably with 8-12 fl oz of water or as directed by your healthcare practitioner

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.









## HYDRATE

- OSupports Electrolyte Balance\*
- Natural Himalayan Salt\*

OPlant Based Vitamins\*



## Amount Per Serving Vitamin C (from 400 mg Organic 100 mg 1113 Acerola Cherry)

Vitamin D3 (from Organic Lichen; 250 IU) 6 mcg Calcium (as Aquamin®; plant-based 50 mg Magnesium (from 441 mg Citrate) 50 mg

**Supplement Facts** 

Serving Size: 2 Capsules Servings Per Container: 90

Sodium (from Himalayan Salt) Potassium (From 191 mg Chloride) 100 mg

MCT Oil (Medium-Chain Triglycerides: 150 mg from Organic Palm & Coconut Oil)

\* Daily Value not cetablished Other Ingredients; Vegetable Cellulose Capsule.

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DIETARY SUPPLEMENT