

USAGE: Take 3 capsules per day (1 capsule in the morning and 2 capsules one hour before bedtime) with or without meals or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

MagMind® (Magnesium L-Threonate, or Magtein®) is the only form of magnesium that has been shown, by promising research, to readily cross the blood-brain barrier and provide significant positive effects on cognition, memory and brain health.*

Keep out of the reach of children.

Suitable for vegetarians/vegans.

Store in a cool, dry place. DO NOT refrigerate.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Magtein® is a trademark of Magceutics®, Inc., distributed exclusively by AIDP, Inc. and protected under U.S. patents 8,178,118; 8,142,803; 8,163,301; and other patents and pending patents.

Lot #. Best Used Before:

Jarrow
FORMULAS

Magnesium L-Threonate (Magtein®)

MagMind®

Supports Cognition*
and Brain Health*

90 DIETARY
VEGGIE CAPS SUPPLEMENT



www.nsfongmo.org

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Supplement Facts

Serving Size 3 Capsules

Servings Per Container 30

	Amount Per Serving	% DV
Magnesium (Elemental)	144 mg	35%
(from 2,000 mg Magtein® Magnesium L-Threonate)		

Other Ingredients: Magnesium stearate (vegetable source), cellulose and silicon dioxide. Capsule consists of hydroxypropylmethylcellulose.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.



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