WE WANT YOU TO KNOW

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.

🔪 VEGETARIAN SUPERSTAR 🗸 **INGREDIENTS**

VEGETARIAN OMEGA 3s VITAMIN D AS D3 **FOLATE AS METHYLFOLATE** VITAMIN B12 AS METHYLCOBALAMIN VITAMIN K AS K2 CHOLINE AS VITACHOLINE® ZINC

2 DELICIOUS FLAVORS CHERRY and MIXED BERRY

BETA CAROTENE





MULTI and **OMEGA 3s** vitamin K2 for BONES vitamin D3 for IMMUNITY vitamin B12 for ENERGY*

120 VEGETARIAN GUMMIES



Directions: For children 4 years of age and older take four (4) gummies daily. May be taken with or without food. Chew each gummy thoroughly.

Supplement Facts

Serving Size 4 Gummies Servings Per Container 30

Calories	25	
Total Carbohydrate	6 g	2%†
Sugars	4 g	**
Includes 4 g Added Sugars		8%†
Vitamin A (as 50% beta-carotene, retinyl palmitate USP)	180 mcg	20%
Vitamin C (as organic acerola cherry extract)	25 mg	28%
Vitamin D (D-3 as cholecalciferol USP)	20 mcg (800 IU)	100%
Vitamin E (as d-alpha-tocopherol from sunflower oil FCC)	6.6 mg	44%
Thiamin (Vitamin B-1 as thiamine mononitrate USP)	0.1 mg	8%
Riboflavin (Vitamin B-2 USP)	0.16 mg	12%
Vitamin B-6 (as pyridoxal 5-phosphate)	1.0 mg	59%
Folate (as L-methylfolate, calcium salt)	250 mcg DFE 150 mcg L-methylfolate	63%
Vitamin B-12 (as methylcobalamin)	1.8 mcg	75%
Biotin USP	16 mcg	53%
Choline (as choline bitartrate USP)	18 mg	3%
lodine (as potassium iodide USP)	90 mcg	60%
Zinc (as zinc citrate USP)	1.5 mg	14%
Sodium	10 mg	1%
Organic Flax Seed Oil	256 mg	**
Omega-3 (α-Linolenic Acid)	134 mg	**
Omega-9 (Oleic Acid)	41 mg	**
Vitamin K-2 (as menaquinone-7 USP)	15 mcg	**

[†] Percent Daily Value based on a 2,000 calorie diet. ** Daily Value not established

Other Ingredients: Organic Tapioca Syrup, Organic Cane Sugar, Pectin, Organic Lemon Juice Concentrate, Organic Natural Flavors, Sodium Citrate, Colors Added (Organic Black Carrot Juice Concentrate, Organic Magui Berry Juice Concentrate), Organic Sunflower Oil, Organic Carnauba Wax.

FREE OF

gelatin, soy, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, gluten, peanuts, tree nut allergens, fish, shellfish, and salicylates. YAY!

EVERY BATCH 3RD PARTY LAB TESTED



WARNING Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended dosage

Do not freeze, product may darken over time.

Manufactured in California from domestic and imported ingredients

Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA. Certified Organic by QAI.

VitaCholine® is a registered trademark of Balchem Corporation.

For Customer Support: 1-888-751-2291 Hoot@SmartyPantsCorp.com







This bottle contains 80% post-consumer recycled material, and its label is printed on FiberStone® tree-free/water-free paper made from stone

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



