



Suggested Use: As a dietary supplement, mix 1 heaping tablespoon (10.0 grams) daily in about 8 oz. of cold, pure water. For added flavor, try mixing with a few ounces of juice or milk (regular or soy).
Taste Tip: For a chilled smoothie, add two ice cubes before mixing.
Enjoy at least once a day.

Supplement Facts

Servings Size 10.0 grams (1 heaping tablespoon)

Servings Per Container: 30

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Calories	40	Organic Broccoli	300 mg †
Total Fat	0.5 g 1%*	Organic Cauliflower	300 mg †
Sodium	40 mg 2%	Organic Kale	300 mg †
Total Carbohydrate	7 g 3%*	Organic Carrot	250 mg †
Dietary Fiber	3 g 11%*	Organic Pineapple	250 mg †
Total Sugars	<1 g †	Organic Alfalfa	200 mg †
Protein	2 g 4%*	Organic Papaya	150 mg †
Calcium	50 mg 4%	Organic Acai Berries	100 mg †
Iron	2.3 mg 13%	Organic Cranberry powder	100 mg †
Potassium	110 mg 2%	Organic Bilberry powder	100 mg †
Organic Acacia Fiber	2,500 mg †	Organic Spirulina	100 mg †
Organic Milled Flaxseed	1,000 mg †	Organic Raspberry powder	50 mg †
Organic Barley Grass powder	500 mg †	Organic Brown Rice Bran	50 mg †
Organic Wheat Grass powder	500 mg †	Organic Aloe Leaf powder	50 mg †
Organic Spinach	500 mg †	Organic Strawberry powder	25 mg †
Organic Parsley	500 mg †	Organic Stevia Leaf	85 mg †
Organic Celery	500 mg †		
Organic Green Tea powder	500 mg †		
Organic Blueberry powder	350 mg †		
Organic Banana powder	325 mg †		

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Organic natural flavors, organic cinnamon powder.