

WE WANT YOU TO KNOW

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.

VEGETARIAN SUPERSTAR INGREDIENTS

VEGETARIAN OMEGA 3s

VITAMIN D AS D3

FOLATE AS METHYLFOLATE

VITAMIN B12
AS METHYLCOBALAMIN

VITAMIN K AS K2

CHOLINE AS VITACHOLINE®

ZINC

BETA CAROTENE

2 DELICIOUS FLAVORS
CHERRY and MIXED BERRY

SMARTY PANTS® ORGANICS



VEGETARIAN



MULTI and OMEGA 3s
vitamin K2 for BONES*
vitamin D3 for IMMUNITY*
vitamin B12 for ENERGY*

90 VEGETARIAN
GUMMIES

DIETARY
SUPPLEMENT



Directions: For children 4 years of age and older, take four (4) gummies daily. May be taken with or without food. Chew each gummy thoroughly.

Supplement Facts

Serving Size 4 Gummies

Servings Per Container About 22

Amount per 4 Gummy Serving		% Daily Value
Calories	25	
Total Carbohydrate	6 g	2%†
Sugars	4 g	**
Includes 4 g Added Sugars		8%†
Vitamin A (as 50% beta-carotene, retinyl palmitate USP)	180 mcg	20%
Vitamin C (as organic acerola cherry extract)	25 mg	28%
Vitamin D (D-3 as cholecalciferol USP)	20 mcg (800 IU)	100%
Vitamin E (as d-alpha-tocopherol from sunflower oil FCC)	6.6 mg	44%
Thiamin (Vitamin B-1 as thiamine mononitrate USP)	0.1 mg	8%
Riboflavin (Vitamin B-2 USP)	0.16 mg	12%
Vitamin B-6 (as pyridoxal 5-phosphate)	1.0 mg	59%
Folate (as L-methylfolate, calcium salt)	250 mcg DFE 150 mcg L-methylfolate	63%
Vitamin B-12 (as methylcobalamin)	1.8 mcg	75%
Biotin USP	16 mcg	53%
Choline (as choline bitartrate USP)	18 mg	3%
Iodine (as potassium iodide USP)	90 mcg	60%
Zinc (as zinc citrate USP)	1.5 mg	14%
Sodium	10 mg	1%
Organic Flax Seed Oil	256 mg	**
Omega-3 (α-Linolenic Acid)	134 mg	**
Omega-9 (Oleic Acid)	41 mg	**
Vitamin K-2 (as menaquinone-7 USP)	15 mcg	**

† Percent Daily Value based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Organic Tapioca Syrup, Organic Cane Sugar, Pectin, Organic Lemon Juice Concentrate, Organic Natural Flavors, Sodium Citrate, Colors Added (Organic Black Carrot Juice Concentrate, Organic Maqui Berry Juice Concentrate), Organic Sunflower Oil, Organic Camauaba Wax.

FREE OF

gelatin, soy, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, gluten, peanuts, tree nut allergens, fish, shellfish, and salicylates. **YAY!**

EVERY BATCH 3RD PARTY LAB TESTED



@SmartyPants www.SmartyPantsVitamins.com

WARNING Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended dosage.

Do not freeze, product may darken over time.



Manufactured in California from domestic and imported ingredients.

Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA.

Certified Organic by QAI.

VitaCholine® is a registered trademark of Balchem Corporation.

For Customer Support: 1-888-751-2291

Hoot@SmartyPantsCorp.com



This bottle contains 80% post-consumer recycled material, and its label is printed on FiberStone® tree-free/water-free paper made from stone.

LB_SPOKF90_AR2

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

