



Suggested Use: As a dietary supplement, mix 1 or more scoops to taste in about 8-12 fl. oz. of cold, pure water and/or juice.
Taste Tip: For a chilled smoothie, add two ice cubes before mixing. **FOR DAILY USE.**

Supplement Facts

Serving Size 1 Scoop (9.9 g)

Servings Per Container 30

Amount Per Serving	% Daily Value*	
Calories	25	
Total Carbohydrate	8 g	3%*
Dietary Fiber	5 g	20%*
Soluble Fiber	3 g	†
Calcium	45 mg	5%
Sodium	10 mg	<1%*
Potassium	25 mg	<1%*
Organic Gum Acacia (88% Soluble Fiber)	3.3 g	†
Organic Psyllium Husk	1.5 g	†
Organic Red Raspberries	500 mg	†
Organic Cranberries	500 mg	†
Organic Pomegranates	500 mg	†
Organic Strawberries	342 mg	†
Organic Carrots	251 mg	†
Organic Cherries	114 mg	†
OJC™ - Organic Super Berry Antioxidant Blend	661 mg	
Organic Blueberries, Organic Acai Berries (<i>Euterpe oleracea</i>)		†
Organic Blackberries, Organic Black Raspberries		†
OJC™ - Multi-Color Organic Fruit & Veggie Blend	1,000 mg	
Organic Beet, Organic Banana, Organic Pineapple,		†
Organic Flax Seed, Organic Mango, Organic Papaya,		†
Organic Peach, Organic Watermelon, Organic Apple Pectin,		†
Organic Apple, Organic Pear, Organic Tomato, Organic Acerola		†
OJC™ - Proprietary Performance Energy Blend	100 mg	
Organic Green Tea Leaf Powder, Organic Grape Fruit Juice Powder,		†
Organic American Ginseng (<i>Panax quinquefolius</i>) Extract (root)		†
Organic Stevia Leaf Extract	50 mg	†

* Percent Daily Values are based on a 2000 calorie diet.

† Daily Value not established.

Other Ingredients: Organic natural flavor, citric acid and silica.

NOTICE: This product should be taken with at least a full glass of liquid. Taking this product without enough liquid may cause choking. Do not take this product if you have difficulty in swallowing.