



Suggested Use: As a dietary supplement, mix 1 or more scoops to taste in about 8-12 fl. oz. of cold, pure water and/or juice. **Taste Tip:** For a chilled smoothie, add two ice cubes before mixing. **FOR DAILY USE.**

Supplement Facts

Serving Size 1 Scoop (10 g)

Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories	25	
Total Carbohydrate	8 g	3%*
Dietary Fiber	4 g	16%*
Organic Psyllium Husk	4 g	†
OJC® - Organic Blueberry Detox Super Fruit Blend	1 g	†
Organic Blueberry, Organic Apple, Organic Banana, Organic Goji berry (<i>Lycium barbarum</i>), Organic Raspberry, Organic Cranberry, Organic Strawberry, Organic Acai (<i>Euterpe oleracea</i>), Organic Pomegranate		
OJC® - Organic Fiber Blend	1 g	†
Organic Flaxseed, Organic Apple peel fiber, Organic Guar gum, Organic Gum acacia		
AuroraBlue® Organic Blueberry Complex	100 mg	†
Organic Oval-leaf blueberry (<i>Vaccinium ovalifolium</i> Sm.), Organic Alaska blueberry (<i>Vaccinium alaskaense</i> How.), Organic Alpine blueberry (<i>Vaccinium uliginosum</i> L.), Organic Dwarf blueberry (<i>Vaccinium cespitosum</i> Michx.)		
Probiotic <i>Bacillus coagulans</i> (LactoSpore®)	500 million CFU	†

* Percent Daily Values are based on a 2000 calorie diet.

† Daily Value not established.

Other Ingredients: Organic erythritol, citric acid, organic natural flavors, organic beet root (for color), organic rebaudioside A and organic rice hull concentrate.

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Lactospore® is a registered trademark of Sabinsa Corporation

NOTICE: This product should be taken with at least a full glass of liquid. Taking this product without enough liquid may cause choking. Do not take this product if you have difficulty in swallowing.