

**USAGE:** Take 1 capsule per day or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

**Jarrow Formulas® Inositol** is readily absorbed and used to produce the active inositides as necessary.\* The various forms of inositol (phosphatidylinositol and inositides such as IP3) are active in cell-to-cell communication, (e.g., transmission of nerve impulses).\* Tissues that are affected include the brain, liver and muscles.\* Inositol (a.k.a., myoinositol) is an indirect source of glucuronic acid, which is essential to liver detoxification.\*

**Keep out of the reach of children.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

**Jarrow**  
F O R M U L A S

# Inositol

**Supports Liver Function\*  
and Cellular Detoxification\***

**750**

**MILLIGRAMS**

**100**

**VEGGIE CAPS**

**DIETARY**

**SUPPLEMENT**



## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 100

|                                | Amount Per Serving | % DV |
|--------------------------------|--------------------|------|
| Inositol (a.k.a., Myoinositol) | 750 mg             | †    |

† Daily Value not established.

Other Ingredients: Magnesium stearate (vegetable source), silicon dioxide and cellulose. Capsule consists of hydroxypropylmethylcellulose.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

**Store in a cool, dry place. DO NOT refrigerate.**

**Suitable for vegetarians/vegans.**

APPROX.  
FILL LINE

Distributed Exclusively by:

**Jarrow FORMULAS®**

Superior Nutrition and Formulation<sup>SM</sup>

Los Angeles, CA 90035-4317

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