



Suggested Use: As a dietary supplement, mix one level scoop with 8 - 12 oz. of pure water or juice. While mixing, some minerals may settle. This is common. FOR DAILY USE.

Supplement Facts		
Serving Size 9.5 g (Approx. 1 scoop)		
Servings Per Container 30		
Amount Per Serving		% Daily Value
Calories	25	
Total Carbohydrate	6 g	2%*
Dietary Fiber	1 g	4%*
Vitamin A (as beta carotene)	240 mcg	27%
Vitamin C (as calcium ascorbate)	550 mg	611%
Vitamin D (as cholecalciferol)	25 mcg (1000 IU)	125%
Calcium (as calcium citrate and calcium ascorbate)	400 mg	31%
Magnesium (magnesium citrate)	400 mg	95%
Potassium (as potassium bicarbonate and potassium citrate)	195 mg	4%
Inositol	250 mg	†
Stevia Leaf Extract	155 mg	†
Gamma Oryzanol	100 mg	†
Boron (as boron citrate)	4 mg	†
*Percent Daily Values are based on a 2,000 calorie diet.		
† Daily Value not established.		

Other Ingredients: Organic rice syrup solids, citric acid, silicon dioxide, natural flavor, annatto seed powder (color).