

Suggested Use: Adults, take 2 capsules daily with food. Optimally, take one capsule in the morning and one in the evening. FOR DAILY USE.

Supplement Facts

Serving Size 2 Vegetarian Capsules Servings Per Container 30

Amount Per Serving	% Dail	y Value*
Vitamin B12 (cyanocobalamin)	100 mcg	4,167%
BELIEVA™ Proprietary Herbal Blend	1,410 mg	†
Curcumin C3 Complex® Curcuma longa extract (rhizomes)		es) †
Boswellin® Boswellia serrata extract (gur	n resin)	†
White Willow Extract (bark)		†
BioPerine® Black Pepper extract (fruit)		†

† Daily Value not established.

Other ingredients: Hypromellose (capsule), vegetable magnesium stearate, silicon dioxide.

Curcumin C3 complex®, BioPerine® and Boswellin® are registered trademarks of Sabinsa Corporation.

Do not take this product if pregnant or nursing, are allergic to aspirin or other salicylates, have kidney disease or stomach ulcers. Consult a physician before use if taking blood thinning medications. Discontinue use if scheduled for surgery or experience stomach upset. KEEP OUT OF REACH OF CHILDREN