



Suggested Use: Take 1 tablet daily (place tablet in mouth and let dissolve before swallowing). Optimally, for the first 15 days, take two servings daily. FOR DAILY USE.

Supplement Facts

Serving Size 1 Dissolving Tablet

Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin D (as cholecalciferol)	25 mcg (1000 IU)	125%
Vitamin B6 (as pyridoxine HCl)	5 mg	294%
Folate	333.33 mcg DFE (200 mcg folic acid)	83%
Vitamin B12 (as MecobaActive methylcobalamin)	1000 mcg	41667%
Biotin	300 mcg	1000%
BerryMelt™ Super Fruit Blend	20 mg	
Acai (Cabbage palm) fruit powder (<i>Euterpe oleracea</i>)		†
Goji Berry extract (<i>Lycium barbarum</i>) (fruit)		†
Blueberry extract (fruit)		†
Stevia Leaf Extract	2 mg	†

† Daily Value not established.

Other Ingredients: Sorbitol, dicalcium phosphate, croscovidone, stearic acid, vegetable magnesium stearate, microcrystalline cellulose, natural flavor, citric acid, silicon dioxide, Luo-Han-Guo Fruit Powder.