



care/of

Dream Team

On-the-go sleep support*

2.5 mg Melatonin

5 Quick Sticks | Dietary supplement

5 - 0.03 oz. (1g) Sticks/Net Wt. 0.15 oz. (5g)

Pour into mouth. No water needed.

Supplement Facts Serv. Size: 1 stick (1g), **Amount Per Serving:** Calories 0, Total Carb 1g (<1%DV†), Total Sugars 0g* (Incl. 0g Added Sugars, 0%DV†), Sugar Alcohol <1g*, Melatonin 2.5mg*, †Percent Daily Values (DV) are based on a 2,000 calorie diet. *Daily Value not established.

BX-SP-003 015-04

Other ingredients: Xylitol, Natural Flavors, Citric Acid, Silicon Dioxide.

Directions: Adults, one stick 30 minutes before bedtime, as needed for occasional sleeplessness. Do not exceed suggested use.

Keep out of reach of children. Pouch contains individual stick packs. Do not use if stick is torn or broken.

Warnings: Do not consume any alcohol while taking melatonin. Do not drive or operate heavy machinery while taking melatonin. Do not take with other melatonin-containing products. Consult a healthcare professional if you are experiencing long-term sleep difficulties.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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