

Mega-Zyme® is formulated to help relieve occasional muscle soreness and discomfort due to overexertion and exercise.* When taken with food, Mega-Zyme supports digestion and helps protect against occasional bloating and digestive discomfort.*

Recommendation: To relieve occasional muscle soreness and discomfort due to overexertion and exercise*, adults take 2 tablets two to three times a day between meals. To support optimal digestion*, take 2 tablets up to three times a day, before each meal. Not formulated for children. **Caution:** If you are pregnant, nursing, have diabetes or if you are taking any medications, consult a healthcare professional before use.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing.

No yeast-derived ingredients or artificial colors.

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Questions? 1-800-9NATURE / naturesway.com

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Mega-Zyme®

Systemic Enzymes*

10X[‡] Strength Pancreatic Enzymes

100 TABLETS

DIETARY SUPPLEMENT

DIGESTIVE & SYSTEMIC ENZYMES*

Supplement Facts

Serving Size 2 Tablets / Servings per Container 50

Amount per Serving	% DV
Pancreatic enzymes 10X [‡]	325 mg**
USP units of activity:	
Amylase	81,250 USP
Protease	81,250 DU
Lipase	6,500 LU
Trypsin	75 mg**
Papain	50 mg**
Bromelain	16 mg**
Amylase	10 mg**
Lipase	10 mg**
Lysozyme	10 mg**
Chymotrypsin	2 mg**

**Daily Value (DV) not established.

Other ingredients: cellulose, potassium bicarbonate, lactose monohydrate, hypromellose, sodium croscarmellose, magnesium stearate, glycerin, silica

Contains milk and egg.

[‡]Contains undiluted pancreatic enzymes which deliver 10X the strength specified by the United States Pharmacopoeia.