

EVIDENCE-BASED



integrative
THERAPEUTICS, INC.

TYLER™ SEDAPLEX®

For gentle relaxation
and restful sleep*

60 ULTRACAPS™ Dietary Supplement

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Sedaplex® supplies extracts of valerian, passionflower, hops, skullcap, and jujube with L-theanine for gentle relaxation and restful sleep.* Calcium, magnesium, niacin, and vitamin B6 are included to support a healthy nervous system.*

WARNING: Do not use if pregnant or nursing. May impair your ability to drive or operate heavy equipment. Due to additive sedative effect, avoid using with alcohol. If taking prescription drugs, consult your healthcare practitioner prior to use.

Recommendations: Take 1 or 2 UltraCaps™ three times daily between meals or as directed by your healthcare practitioner. For nighttime use, take 2 or 3 UltraCaps one-half hour before bedtime, or as directed by your healthcare practitioner.

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, dairy products, artificial coloring, artificial flavoring, preservatives, or ingredients of animal origin. This product contains natural ingredients; color variations are normal.

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VEGETARIAN

Suntheanine®, a
patented form of
L-Theanine, is a
trademark of Tayo
International, Inc.



Supplement Facts

Serving Size 3 UltraCaps™

Servings per container 20

Amount per 3 UltraCaps	%DV**
Niacin (as niacinamide)	37 mg 185%
Vitamin B6 (as pyridoxine HCl)	23 mg 1,150%
Calcium (as calcium citrate)	39 mg 4%
Magnesium (as magnesium oxide)	37 mg 9%
Valerian (<i>Valeriana officinalis</i>) Root Extract (0.8% valerenic acids)	375 mg **
Hops (<i>Humulus lupulus</i>) Strobile Extract 4:1	300 mg **
Jujube (<i>Ziziphus jujuba</i>) Seed Extract (2% triterpene saponins)	300 mg **
Passionflower (<i>Passiflora incarnata</i>) Aerial Parts Extract (4% flavonoids)	300 mg **
Skullcap (<i>Scutellaria lateriflora</i>) Aerial Parts Extract 4:1	262 mg **
L-Theanine (Suntheanine® brand)	90 mg **

**Daily Value (DV) not established.

Other ingredients: vegetable polysaccharide capsule, ascorbyl palmitate, and cellulose.