

Fenugreek



Fenugreek is a Mediterranean and Asiatic herb with aromatic seeds. It is used around the world as a culinary spice and food that is soothing to stomach. Fenugreek seeds naturally contain nutrients such as B Vitamin, Vitamin C and Beta Carotene - all of which support healthy metabolism and optimal health.*

- Supports healthy hair and skin*
- Supports sexual and overall health*
- Supports lactation and post natal health*
- Supports digestive and colon health*
- Supports weight management*

Organic Aura Fenugreek powder is 100% pure and fresh, ground using the top quality Fenugreek seeds from a single source, grown by traditional organic farming in the highly enriched valleys of India.

www.organicauranaturals.com



Tested & Packed in USA for :
Organic Aura International
An Organic Ayurveda Company

Keep out of the reach of children
Do not use if safety seal is broken or missing
Keep in cool, dry place.

Produce of Organic Agriculture from India
Certified Organic by NOP, MOSA



Organic Aura

100% *Certified Organic*

FENUGREEK POWDER

Natural Men and Women's Health



100% *Natural*

16 Oz - 1 Lb
Herbal Dietary Supplement
All Natural

*Raw Organic Whole Food
Actual Fenugreek*

Supplement Facts

Serving Size: 1 tea spoon (4gm-0.14oz)
Servings Per Container: 114

Amount Per Serving %Daily Value

Organic Fenugreek Powder
(Trigonella Foenum Graecum) *

*Daily Value not established



No soy, yeast, corn,
sugar, starch, egg,
milk, preservatives,
artificial colors or
flavors & sodium free.

Ingredients:

100% Pure Organic Fenugreek Powder
(Trigonella Foenum Graecum)

Suggested Use:

As a dietary supplement, mix 1 teaspoon of Fenugreek powder with salad, juice, smoothie or water.

Caution:

Do not exceed recommended dose. Pregnant or nursing mothers, children under 18 years of age and individuals with known medical conditions should consult a healthcare practitioner before using any dietary supplement.

Other Ingredients :

None

Batch No : see below
Best Before :

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

