

Fenugreek

Fenugreek is a Mediterranean and Asiatic herb with aromatic seeds. Fenugreek seeds naturally contain nutrients such as B Vitamin, Vitamin C and Beta Carotene - all of which support healthy metabolism and optimal Health.

- Supports healthy hair and skin*
- Supports lactation and post natal health*
- Supports digestive and colon health*
- Supports weight management*

Organic Aura Fenugreek powder is 100% pure and fresh, ground using the top quality Fenugreek seeds from a single source, grown by traditional organic farming in the highly enriched valleys of India.

www.OrganicAuraNaturals.com

Tested & Packed in USA for :
Organic Aura International
An Organic Ayurveda Company
2924 Kendale Dr, Toledo
OH, 43606



Keep out of the reach of children
Do not use if safety seal is broken or missing
Keep in cool, dry place.

Produce of Organic Agriculture from India

Made with Certified Fenugreek Powder



Organic Aura

100% Certified Organic

FENUGREEK CAPSULES

Natural Men and Women's Health

100% Natural

100 Veg Capsule per bottle
400 mg

Herbal Dietary Supplement

*Raw Organic Whole Food
Actual Fenugreek*

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 100

Amount Per Serving	%Daily Value
Organic Fenugreek Powder	400mg*
(Trigonella Foenum Graecum)	

*Daily Value not established



No soy, yeast, corn, sugar, starch, egg, milk, preservatives, artificial colors or flavors.

Ingredients:

100% Pure Organic Fenugreek Powder
(Trigonella Foenum Graecum)

Suggested Use

As a dietary supplement, take 1 capsule 2 times a day with a glass of water or as directed by your healthcare professional

Caution:

For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Other Ingredients :

Vegetable Cellulose (Veggie Caps)



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Batch No : DAFG 21
Best Before