



Suggested Use: As a dietary supplement, mix 1 scoop 1 or 2 times daily in about 8-12 fl. oz. of pure, cold water. For optimal taste, mix or shake well in cold water. **TASTE TIP:** Add a few ice cubes before mixing.

Supplement Facts			Amount Per Serving	% Daily Value
Serving Size 1 scoop (11 Grams)			Whole Food Fiber	1.8 g †
Servings Per Container 30			Support Blend	
			Oligofructose inulin (from Chicory root), citrus pectin, grapefruit pectin, apple pectin	
Amount Per Serving	% Daily Value		Electrolyte Replenishing Blend	1.75 g †
Calories	25		Potassium citrate, calcium citrate, magnesium oxide, potassium phosphate, calcium lactate, magnesium citrate	
Total Carbohydrate	6 g	2%*	Performance Energy Blend	580 mg †
Dietary Fiber	2 g	7%*	Taurine, Turmeric root, Eleuthero root, Matcha Green tea leaf, inositol, <i>Panax Ginseng</i> extract (aerial parts), Amla fruit extract, Rhodiola root (<i>Rhodiola rosea</i>) extract	
Total Sugars	2 g	†		
(Includes 2 g Added Sugars)		4%		
Vitamin A (as beta carotene)	4,500 mcg (15,000 IU)	500%		
Vitamin C (as ascorbic acid)	500 mg	556%		
Vitamin D (as cholecalciferol)	25 mcg (1,000 IU)	125%		
Riboflavin	2.9 mg	223%		
Calcium	40 mg	3%		
Magnesium	100 mg	24%		
Potassium	520 mg	11%		
Full Spectrum Amazing Oranges Blend	2,346 mg	†		

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Cane sugar, citric acid, natural flavors, guar gum, Stevia blend (high purity steviol glycosides, rebaudioside A & glucosylated steviol glycosides), silica, beet root (color).
Do not use if safety seal is broken. Store in a cool, dry place. Do not refrigerate.