

Ashwagandha

Ashwagandha (*Withania Somnifera*) is also called Indian Ginseng. Ashwagandha root powder has been a central part of Ayurveda medicine for thousands of years. Ashwagandha naturally restores imbalances and restore health.*

Ashwagandha root helps to support:

- Sharpen mental processes and ability*
- Healthy back and joints*
- Healthy sleeping patterns*
- Restore energy level and vitality*
- Increases memory and learning power*

www.organicauranaturals.com

Tested & Packed in USA for:
Organic Aura International
An Organic Ayurveda Company



Keep out of the reach of children
Do not use if safety seal is broken or missing
Keep in cool, dry place.

Produce of Organic Agriculture from India
Made with Certified Aswagandha Root Powder



Organic Aura

100% Certified Organic

ASHWAGANDHA CAPSULES

Stress, Brain & Immune Support

100% Natural

100 Veg Capsules per bottle
400 mg

Herbal Dietary Supplement

Raw Organic Whole Food
Actual Ashwagandha Root

Supplement Facts

Serving Size: 1 Capsule	
Servings Per Container: 100	
Amount Per Serving	%Daily Value
Organic Ashwagandha Root powder (<i>Withania Somnifera</i>)	400mg*
*Daily Value not established	



No soy, yeast, corn,
sugar, starch, egg,
milk, preservatives,
artificial colors or
flavors.

Ingredients:

100% Pure Organic Ashwagandha root powder

Suggested Use

As a dietary supplement, take 1 capsule 2 times a day with a glass of water or as directed by your healthcare professional

Caution:

For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Other Ingredients :

Vegetable Cellulose (Veggie Caps)

