

**USAGE:** Take 2 capsules up to 3 times per day with meals or as directed by your qualified healthcare professional. Avoid ingestion of alcohol and refined foods during period of consumption.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

**True CMO®** is a concentrated lipid extract from natural bovine source providing the fatty acid cerasomal-cis-9-cetyl myristoleate. CMO is not found in any vegetable sources. CMO is found in low amounts in animal tissues.

**Keep out of the reach of children.**

Lot #. Best Used Before:

**Jarrow**  
F O R M U L A S

# True CMO®

## Cetyl Myristoleate

**60**  
CAPSULES

**DIETARY  
SUPPLEMENT**

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

|                                                                 | Amount Per Serving | % DV |
|-----------------------------------------------------------------|--------------------|------|
| Cetyl Myristoleate Complex<br>(20% [152 mg] Cetyl Myristoleate) | 760 mg             | †    |

† Daily Value not established.

Other Ingredients: Cornstarch (non-GMO source), cellulose, silicon dioxide and magnesium stearate (vegetable source). Capsule consists of bovine gelatin (BSE-free).

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

**Store in a cool, dry place.**

Distributed Exclusively by:  
**Jarrow FORMULAS®**  
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APPROX.  
FILL LINE

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